



Trump imposes 26% tariff on India

Washington: US President Donald Trump on Wednesday announced a 26 per cent tariff on Indian products and services as part of wider policy to impose sweeping 10 per cent tariffs on all countries to boost manufacturing in his country. The aggressive rhetoric came as Trump showed a willingness to dismantle a global economic system that the United States helped to build after World War II. Trump held up a chart while speaking, showing the United States would charge a 34% tax on imports from China, a 26 per cent from India, a 20% tax on imports from the European Union, 25% on South Korea, 24% on Japan and 32% on Taiwan. Cambodia will attract the highest US tariff at 49 per cent, followed by Vietnam at 46 per cent and Sri Lanka at 44 per cent — only three countries in 40-50 per cent bracket. Bangladesh will have to pay 37 per cent tariff, Thailand 36 per cent, China 34 per cent, Indonesia 32 per cent, Taiwan 32 per cent, Switzerland 31 per cent, and South Africa 30 per cent. In 20-29 per cent bracket, Pakistan will attract the highest tariff at 29 per cent, followed by India 26 per cent, South Korea 25 per cent, Japan and Malaysia 24 per cent and European Union 20 per cent. Israel and the Philippines will attract 17 per cent tariff, while the United Kingdom, Australia, Chile, Turkey, Colombia, Brazil, Singapore will attract 10 per cent tariff.

LS passes Waqf Bill After 12-hour debate

New Delhi: After an intense discussion stretched over 12 hours, the Lok Sabha on Thursday passed the contentious Waqf (Amendment) Bill 2025. The House also passed The Mussalman Waqf (Repeal) Bill 2024. Both the bills will now go to the Rajya Sabha for debate and passage and are likely to be tabled on Thursday. Terming it a historic day which will go a long way in restructuring Waqf Board functioning and protecting the lands of the people, Union minority affairs minister Kiren Rijiju said the law deals with the management of Waqf properties and does not interfere in the religion of Muslims. Caught in a quagmire, the NDA allies like the TDP and the JD(U), which have a substantial Muslim population in the states that they govern, while justifying the Waqf bill, tried to explain what all welfare work their parties and leaders have done for the minorities. Defending the bill amid the Opposition's attack, Union home minister Amit Shah, while making an intervention, made it clear that whether pe



ople like it or not, a law that is passed by the Parliament has to be accepted by all. Who are you trying to threaten? This is the law passed by Parliament and it is binding for all. Everyone has to accept it," said Mr Shah while responding to a statement by an MP who said the minorities will not accept this law. The discussion that stretched over 12 hours saw intense debate and fiery speeches from members of both the Treasury and the Opposition benches, sprinkled with wit and humour at times. The banter between Mr Shah and SP chief Akhilesh Yadav during the Waqf bill debate is a case in point.

BC Maha Dharna At Jantar Mantar

Revanth warns of BC backlash

Chief Minister A Revanth Reddy pledged to organise a massive gathering of 10 lakh people to honor Prime Minister Narendra Modi if the Central government approves an increase in Backward Classes (BC) reservations in line with the resolution passed in the Telangana Assembly and subsequently approved in Parliament. Speaking at a dharna, organised by the BC Welfare Association National Committee at Jantar Mantar in Delhi on Wednesday, Revanth Reddy demanded the Union government to implement 42% reservations for the BCs. He urged the Prime Minister to heed the voices of Telangana's people and demonstrate empathy toward the Backward Classes. Leader of the Opposition Rahul Gandhi also participated in the meeting. Revanth Reddy also questioned the absence of BJP leaders from Telangana at the protest, despite the participation of 15 to 16 political parties that extended their



support. "Union Minister Bandi Sanjay proclaims that he is ready to sacrifice his life for the BCs. We do not need his life. We need just his support for the cause of BC reservations. He should live for 100 years, but he must stand with us in this struggle," Revanth Reddy said. He pointed out that it is ultimately the Prime Minister's decision regarding the potential increase in reservations nationwide.



UoH protests turn violent

Hyderabad: The protest by students and professors at the University of Hyderabad (UoH) turned violent on Wednesday as police resorted to lathicharge to disperse demonstrators opposing the Telangana government's plan to develop 400 acres of land in Kancha Gachibowli. At least 20 students are said to have been injured in the scuffle, with some requiring brief medical attention. The protest, organised by the UoH Students' Union and supported by faculty members, began with a peaceful march from Ambedkar Auditorium to the university's East Campus. However, tensions flared when students attempted to breach police barricades to inspect the land, which they claim includes parts of university departments. Eyewitness videos circulating on social media show police using batons against students, including female protesters. "We were just marching towards the site when suddenly police started hitting us. At least 20-30 students were injured, and two are in critical condition," said a student protester. A police official, however, denied allegations of excessive force, stating, "We only prevented them from taking out the rally."

CM Under Fire from Supreme Court



Telangana Chief Minister A. Revanth Reddy was at the receiving end yet again. The Supreme Court faulted Telangana CM A. Revanth Reddy for his alleged statement in Assembly that there would be no bypolls in the State even if the opposition BRS members switched sides to the ruling Congress. The two-member Bench said that if the CM had made this statement on the floor of the House, he is making mockery of the 10th Schedule (anti-defection law). It may be recalled that

Revanth Reddy apologised for his remarks on granting of bail to the BRS leader K. Kavitha in the Delhi liquor policy case. At that time too, the Supreme Court reprimanded the CM for his comments about a 'deal between the BJP and BRS for securing bail for Kavitha. On Wednesday, the apex court was hearing to petitions seeking disqualification of Telangana MLAs Venkata Rao Tellam, Kadiyam Srihari and Danam Nagender, who switched to the Congress, after being elected as an MLA on a BRS ticket. In November 2024, the Telangana High Court directed the Telangana Assembly Speaker to decide on the disqualification petitions in a reasonable time.

Centre Approves Rs.14,000 Cr Loan for TG from Apr-Jun

Hyderabad: The Centre has granted permission to the Telangana government to raise Rs.14,000 crore through open market borrowings in the first quarter (April-June) of the new financial year 2025-26. However, this is Rs.2,000 crore less than the Rs.16,000 crore approved for the same period in the previous fiscal year 2024-25. The Reserve Bank of India (RBI) will conduct auctions of state government bonds to facilitate the borrowings. As per the approved schedule, Telangana will raise Rs.4,000 crore in April, Rs.5,000 crore in May, and Rs.5,000 crore in June. The borrowing schedule includes Rs.2,000 crore on April 15, Rs.2,000 crore on April 29, Rs.2,000 crore on May 6, Rs.2,000 crore on May 20, Rs.1,000 crore on May 27, Rs.2,000 crore on June 3, Rs.2,000 crore on June 17 and Rs.1,000 crore on June 24. In its 2025-26 state budget presented in the Legislative Assembly on March 19, the state government proposed to raise Rs.64,539 crore through open market borrowings.



Govt extends 25 pc rebate on LRS registration charges till Apr 30

Hyderabad: Those registering their unapproved layouts under the land regularisation scheme (LRS) 2020 module can avail of 25 percent regularisation charges till April 30. The state government had earlier set March 31 as the deadline for availing the rebate on the registration of unapproved layouts under the LRS 2020 module. Acting on the recommendation of the directorate of town and country planning (DTCP), the state government decided to extend the deadline on Wednesday, April 2. The principal secretary of municipal administration and urban development M Dana Kishore has directed the concerned departments to enforce the order with immediate effect.

Friday, April 04, 2025

Attention Defines Quality of Our Life

We have a very common rich experience of our school days. In the class room before teacher arrives, we are very busy with our friends in chitchatting. Once teacher arrives and says 'attention please', we stop murmuring and pay attention to the lesson. At the age and time we don't know the meaning and importance of that powerful word 'attention'. The synonyms of word attention are care, assiduity, diligence, and fidelity. Attention defines the quality of our life. Our lives take the direction in which our attention goes. The 'attention' is not just a word but it is a superpower that takes you to highest level in your worthy life. Believe it or not, it is not only 'time is money' but also 'attention is money'. "Different People - Different Ways of Attention:" Different people pay attention on different things in their life. Few devote their attention towards finding best ways to outsmart people, try to fool them. Some people are trying to get more than they deserve. This type of people never be calm because they never be satisfied. It is a mind that makes a living hell for himself and for others around. " There are few people who don't give any direction to their attention. These bladder mouths just keep on taking without thinking and any meaning. They speak like chatter boxes, but at the end, have said nothing. They are distracted and disoriented. They are not attentive towards their body, mind, and tongue. Since their attention is not on any constructive goal, they end up no where. " Few people are rigid fanatics. Their attention is on one thing and only one thing. They are fanatic about their work. Some people live with only one shade. No change, no character. Utterly boring life. Some body's attention is on his makeup only. They always give more attention on it all the time. " The other type of people are worriers. They only think about problems, constantly fearful of their family, the past, the present, and even the future. They worry about anything and everything. These kind of people destroy their relationships. They see problem in everything. Their attention is on the negative and hence they can't see the positive side in anything. "Be Attentive on Few Worthy Goals:" Be aware of where you spend your attention. Attention is a worthy investment for reaping the rewards. Think of attention as money. The right attention can change the course of of our lives. Better way is to identify three worthy goals or tasks that deserve your attention. Concentrate on those goals all the time until they are fulfilled. Then it is the time to change your attention on another goal. " If your attention is being spent on useless things, then shout loudly : attention please for yourself. "

Dr Burra Madhusudhan Reddy

Bandi Sanjay Urges Centre to Spruce up Sports Facilities in Karimnagar

Karimnagar: In a bid to enhance sports infrastructure under the Khelo India initiative, Union minister of state for home affairs Bandi Sanjay Kumar urged Union minister for labour, employment, and sports, Mansukh Mandaviya to allocate special funds for the development of sports facilities at Dr B.R. Ambedkar Stadium in Karimnagar. The request was made in a representation submitted during a meeting in New Delhi. Former Karimnagar mayor Yadagiri Sunil Rao and Satavahana University vice chancellor Professor Umesh Kumar accompanied Bandi Sanjay. Bandi Sanjay highlighted the importance of Karimnagar in the fields of education and sports, noting that the district has earned special recognition for its achievements. "Karimnagar, one of the largest cities in Telangana, has earned a distinguished name in education and sports. It is home to Satavahana University which offers engineering and medical courses along with other educational institutions. Additionally, Karimnagar has gained prominence in sports, with Arjuna awardee Madasu Srinivasa Rao hailing from this region. Given these facts, it is crucial that the government provide appropriate



funding for the development of Dr B.R. Ambedkar Stadium in Karimnagar through Khelo India or other relevant schemes," said Bandi Sanjay. Sunil Rao and the delegation also presented details about the current state of the Ambedkar Stadium, which has faced increasing demands due to the rising number of athletes. In 1986, 22.20 acres of land were allocated for the multi-purpose sports stadium. Between 1998 and 2000 several developments including levelling, gallery construction and the creation of an 8-lane, 400-meter athletics track, were carried out with the support of MP funds, Singareni Collieries, NTPC, and other private organisations. However, with the increasing num-

ber of athletes, the existing dirt track has led to numerous injuries," they said. To address these challenges, the representation sought replacement of the dirt track with an 8-lane synthetic athletics track and installation of floodlights to allow athletes to train at night. Additionally, they recommended modifications to the current open galleries (10) to provide better protection for athletes and spectators during events. Bandi Sanjay emphasised that with the proposed developments Karimnagar's athletes will have increased opportunities to compete at national and international levels bringing pride and recognition to the country.



Student Bodies Protest HCU Land Deforestation

Nalgonda: Members of the BRSV, the Students Federation of India (SFI) and the Madiga Students Federation (MSF) on Tuesday held a joint protest in front of the Mahatma Gandhi University (MGU) at Anneparthi against deforestation of 400 acres in the Hyderabad Central University (HCU). The protesters displayed placards that contained demands of "Save HCU Biodiversity". Speaking on the occasion, BRSV state general secretary Katta Srinivas said university land should be utilised for the purpose of educational and research purposes. He found fault in the stand of the state government in the row over 400 acres in MGU. He smelt a rat in the state government's move sending bulldozers to clean up the 400-acre patch of forested land. The

Harish Slams CM Revanth for Rythu Bharosa Implementation Failure

Hyderabad: BRS leader and former minister T. Harish Rao claimed said Chief Minister A. Revanth Reddy had notched yet another "failure" by failing to keep the promise to implement the Rythu Bharosa scheme from April 1 as promised. In a statement, Harish Rao accused the Chief Minister of repeatedly deceiving farmers. "Revanth Reddy made a public assurance that Rythu Bharosa funds will be deposited into farmers' accounts by March 31, a promise he reiterated during the Budget Session of the Assembly. However, the funds have not been disbursed leaving farmers disappointed," Harish Rao



said. There was no match between Revanth Reddy's promises and action, he said. "This Ugadi was not the first festival when farmers were cheated by the Congress government. The same promise to implement Rythu Bharosa was from Dasara, and then from Sankranti too were not kept. And farmers were once again disappointed on Ugadi," he said. Harish Rao said the BRS would continue holding the Chief Minister accountable, and would expose the Congress government's failures until the promises were fulfilled.

Fine rice distribution unique scheme in country: Ponnamp



KARIMNAGAR, The 'fine rice distribution' scheme, a unique program in the country, will ensure that every poor family in the state receive enough rice for its sustenance, transport and backward class welfare minister Ponnamp Prabhakar said. Accompanied by Manakondur MLA Kavvampalli Satyanarayana, the minister inaugurated the scheme as part of the government's initiative to support low-income families, in the Housing Board Colony of Karimnagar district on Tuesday. Complimenting residents for the turnout, the

minister emphasised that the government's public welfare policies have been designed to benefit every citizen, especially the underprivileged. He highlighted the significance of the program that will distribute approximately 1.91 lakh MT of Sanna rice to 291,000 ration cardholders across 17,263 shops. "This initiative is being launched today across Telangana, and it is a great step toward improving the livelihood of our citizens," he added. The scheme was launched by Chief Minister A. Revanth Reddy in Nalgonda district on

the occasion of Ugadi. He took the opportunity to talk about other welfare initiatives of the government like free electricity to households, free RTC bus services for women and creation of 60,000 jobs. He said farmers receive Rs 500 as bonus for Sanna rice while women's groups are provided with interest-free loans. The minister assured public that the government is working on covering more people under Indiramma houses and issuing new ration cards. "We are committed to expanding opportunities for all, including SC, ST, BC, and minority communities, through schemes offering financial support ranging from Rs 50,000 to Rs 4 lakh," he said, adding the government would fulfill all its promises and expand employment through these programs.

Seethakka asks police to take stern action against those involved in two rape cases



Hyderabad: Panchayat Raj and Rural Development Minister Seethakka on Tuesday asked the police department to take stringent action against those who were involved in two rape cases that took place in Nagarkurnool district and Pahardisherif. In a statement, she said that she spoke to police officers and women welfare department officials concerned and enquired about the incidents at Urukondapeta in Nagarkurnool district and Pahardisherif. The Minister spoke to the Women Safety Wing Director-General Shikha Goel, Hyderabad and Rachakonda Police Commissioners, CV Anand and G Sudheer Kumar, respectively. She spoke to the women and child welfare department director A Kanthi Wesley over telephone. Stating that officials concerned provided necessary assistance to the victims, the Minister ordered them to ensure that the accused were punished severely as per law. "We responded immediately after the incidents came to light and the police already arrested all the accused within hours after the incident. We are taking care of the victims at the Sakhi center," the Minister said. "We believe that drugs were also a factor in the sexual assault incident. Our government is seriously working to curb drugs.



Hyderabad Voice

Friday, April 04, 2025

Principal beats students for sneaking out of school in Telangana

Hyderabad: A government school principal in Telangana's Vikarabad district was caught on camera indiscriminately beating female students for allegedly sneaking out of the school. A video of the incident has gone viral on social media platforms. The incident was reported from the Kottagudem Social Welfare Girls Residential School and College. The principal has been identified as Sayilatha.

Telangana govt didn't take an inch of UoH's land, assert ministers



Hyderabad: Deputy Chief Minister Mallu Bhatti Vikramarka, revenue minister Ponguleti Srinivas Reddy, and IT minister D. Sridhar Babu vehemently defended the government's decision on the 400-acre land in Survey No 25 at Kancha Gachibowli, and claimed that the government had not taken any land belonging to the University of Hyderabad (UoH). In a joint press conference held at Secretariat on Tuesday, Bhatti said that the 400 acres, which had been in the possession of a private firm for more than two decades, were reclaimed after a ruling by the Supreme

Court. He asserted that the land was always government property and had been brought back under public ownership. The Deputy Chief Minister condemned the BRS and BJP for spreading misinformation for political gains, specifically targeting UoH students. He said that such political tactics are detrimental to the state's development. "Under the leadership of Chief Minister A. Revanth Reddy, our government has reclaimed the land from private hands and restored it for the benefit of the people of Telangana," Bhatti stated. "This land was left vulnerable under the

previous BRS government for 10 years and is now being secured for the public. Srinivas Reddy said that the Congress, during the tenure of Indira Gandhi, had established the University of Hyderabad and allocated land to it. "The university never had legal ownership rights over land in Gachibowli, although it was set up in 1974," he explained. "The Congress government has now taken steps to grant land ownership rights to UoH, fulfilling our commitment to its development." Sudhakar Reddy criticised the former BRS government for neglecting the land's reclamation. "If the previous government had acted earlier, this 400-acre plot would not have remained in private hands," he said. IT minister Sridhar Babu said false information regarding environmental concerns were being circulated on social media platforms, specifically allegations that development of Kancha Gachibowli lands would harm natural rock formations and water bodies.



Fourth day of student protests at HCU: Demand to halt land auction intensifies

Hyderabad: The protests at the University of Hyderabad (HCU) entered their fourth consecutive day, with students demanding the immediate cancellation of the proposed land auction. The ongoing agitation has drawn significant attention, prompting the police department to take decisive action. In response to the growing unrest, the Hyderabad Range Inspector General (IG) Satyanarayana has been directed to visit the university and assess the situation firsthand. Meanwhile, a large number of police personnel have been deployed near the HCU campus to maintain law and order. Students and activists have strongly opposed the land auction, arguing that it would compromise the university's integrity and affect future generations. The protestors have vowed to continue their agitation until their demands are met.

Cabinet berths for Hyd, RR dists urged

Hyderabad: Senior Congress leader Kunduru Jana Reddy has urged AICC president Mallikarjun Kharge and party general secretary K.C. Venugopal to allocate a ministerial position to the combined Rangareddy and Hyderabad districts. His appeal came amid reports that the expansion of Chief Minister A. Revanth Reddy's Cabinet was expected soon. Jana Reddy, advocating on behalf of MLAs from the two districts, emphasised that inducting a minister from the region would bolster the party's influence. He recalled that during undivided Andhra Pradesh, Ranga reddy district had five to six ministers, whereas the present Congress government has none from the region. He urged Kharge and Venugopal to ensure at least one representative from each district is included in the Cabinet expansion. Meanwhile, Congress MLAs from undivided Rangareddy district intensified their demand for Cabinet representation. On Tuesday, they wrote to Kharge and AICC leaders Sonia Gandhi and Rahul Gandhi, requesting the inclu-

sion of a representative from Rangareddy. Speaker Gaddam Prasad Kumar, who represents Vikarabad, was among the signatories. A delegation of MLAs, including T. Rammohan Reddy (Parigi), Malreddy Rangareddy (Ibrahimpatnam) and B. Manohar Reddy (Tandur), met Kharge in Delhi on Tuesday and formally submitted their request. In their letter, they highlighted the significance of undivided Hyderabad and Ranga Reddy, which together account for 42 per cent of Telangana's population. They underscored the region's strategic role as a bridge between urban and rural areas. The MLAs also noted that the previous BRS government appointed six ministers from these districts, representing Reddy, BC and Minority communities. In contrast, the current Congress government has no ministers from the area. "As we approach the GHMC and local body elections, we firmly believe that ministerial representation from these two districts will enhance the party's prospects and improve our electoral performance," the MLAs stated in their letter.

SI injured in hit 'n' run case

SANGAREDDY: Jinnaram police on Tuesday registered a hit and run case that left Jinnaram sub-inspector Naga Laxmi injured. The police were conducting a drunken driving check on Monday at Jinnaram MPDO office. During the checking of a vehicle, another vehicle came from Mangampet route and halted. SI Naga Laxmi was making an inquiry into the second vehicle, but in the mean time its driver moved forward. As a result, the SI fell on the road and sustained injuries. A police patrolling team chased the vehicle, but the accused left it at Laxmipathigudem cross and ran away.

KTR tears into Cong over demolitions

Hyderabad: BRS Working President KT Rama Rao on Tuesday asked Chief Minister A Revanth Reddy whether it was a government or bulldozer company and whether he was an elected representative or real estate agent. Lashing out at the Congress government, the BRS Working President said, "First, you demolished the homes of countless poor people under the guise of environmental protection. Then, you targeted tribal hamlets in the name of development, dismissing the land as barren, claiming even lizards wouldn't lay eggs there. Now, you turn to the homes of animals, committing mass slaughter. And your justification? Development? Government land? Are you a government or a bulldozer company? An elected representative or a real estate broker? Your only agenda is destruction! Your true motive is filling your coffers," said Rama Rao. The BRS leader questioned why Revanth Reddy's bulldozers work nonstop on a weekend and in the dead of the night? "Why are you afraid of the Court? What are you hiding? Save HCU Bio Diversity," he said. The BRS leader said that Congress leader Rahul Gandhi came to HCU not once but twice within a month during the KCR government where he was given all security and protection.



He had protested and agitated with the students seeking justice for Rohith Vemula. "Now that the Congress government is at the helm of the State, they refuse to allow us anywhere near Hyderabad Central University and deploy police to prevent us. Why this hypocrisy Rahul ji? What is your government trying to hide from the world?" said KTR.

Hyderabad gears up for Rama Navami celebrations



Hyderabad: Preparations are in full swing for Sri Rama Navami on April 6, with major temples making elaborate arrangements. The festivities began with Navaratri Utsavalu on March 29 and will culminate in grand celebrations on the ninth day, Sri Rama Navami. Several prominent temples are planning large-scale celebrations. The Sitarambagh Temple is being decked up for the Sita Rama Kalyanam, which will take place on the festival day. Sri Kesara Hanuman Temple is also preparing to conduct a Kalyanam within its premises. At Sri Kanakadurga Temple in Basheerbagh, organisers have set up a

shamiana and decorative lighting around the temple for Navaratri Utsavalu. The temple has already witnessed several significant rituals, including 'Balabhishekam' on March 30, 'Sri Sailaputra Devi Alankarana' on March 31, and 'Sri Vaishnavi Devi Alankarana' on April 1. The upcoming days will feature 'Sri Maha Gowri Devi Alankarana,' 'Sri Meenakshi Devi Alankarana,' 'Sri Mahankali Devi Alankarana,' and 'Sri Maha Saraswathi Alankarana.' Also Read - PIL in HC over razing of trees on UOH campus Advertisement Anil Kumar, temple convener, stated that preparations for the Kalyanam are in full swing. The event would be followed by a grand procession covering surrounding areas, he informed. The Sita Rama Kalyanam at Nizam College Ground is set to witness a large gathering. A massive white tent is being erected to accommodate the crowd, and organisers have arranged for 'Annadanam' (free food distribution) on the occasion. Meanwhile, the Bhagyanagar Sri Rama Navami Utsav Samithi is overseeing the arrangements for the annual 'Shobha Yatra.' On Tuesday, Samithi's vice-president Mettu Vaikuntam announced that they had extended an invitation to Governor Jishnu Dev Varma. He urged civic authorities to expedite cleaning operations along the Shobha Yatra route, including clearing sewage, fixing potholes and repairing streetlights, as thousands of devotees will visit the temples after sunset.

TPCC Chief Mahesh Kumar Goud Clarifies Govt's Stance on HCU Lands



Hyderabad: TPCC President Mahesh Kumar Goud stated that the state government is not seizing the lands of Hyderabad Central University (HCU). He clarified that government lands were allocated in exchange for HCU lands some time ago, making them government property since then. Speaking at a media conference held at Gandhi Bhavan, Goud assured that any actions, including

the recent clearing of the forest area, are being taken only after legal proceedings have concluded, ensuring compliance with court orders. The state government, through the Telangana Industrial Infrastructure Corporation (TGIC), aims to use the land for economic growth, arguing that it is not forest land but government property, as confirmed by revenue records and court decisions. However, this move has sparked protests from students who argue that the area, part of the Kancha Gachibowli region, hosting diverse flora and fauna.

BJP Leaders Meet Union Ministers Over Gachibowli Land Auction Dispute



Hyderabad: The Telangana BJP began mounting its attempt to auction 400 acres in Kancharla Gachibowli, with party leaders meeting Union

education minister Dharmendra Pradhan and forests minister Bhupender Yadav, in Delhi on Tuesday. The delegation, led by state BJP president and Union minister G. Kishan Reddy comprised minister of state Bandi Sanjay and party MPs D.K. Aruna, Etala Rajendar, D. Arvind, Godem Nagesh, Konda Vishweshwar Reddy and M. Raghunandan Rao. Vishweshwar Reddy stated that the land qualified as a deemed forest and thus came under the Forest Conservation Act, 1980. The Centre had not given approval alienating the land to TGIC and no environmental impact assessment was carried out. The Centre could take suo motu notice, they said. Minister Yadav directed senior education officials to submit a report. The BJP in a statement said that minister Yadav had assured them of appropriate action based on the forest ministry officials. Speaking to newsmen, Rajendar claimed that the Supreme Court had made it clear that the land belonged to UoH and not the state government. In the Rajya Sabha, Dr K. Laxman said the move of the state government would harm biodiversity and also spoke of environmental concerns raised by UoH students. In Hyderabad, BJP legislators attempting to visit the university were intercepted and taken into custody near the MLA quarters in Hyderguda. BJP Assembly floor leader A. Maheshwar Reddy was placed under house arrest.

Tension prevails as cops detain CPI(M) leaders on way to UoH



Hyderabad: Tension prevailed when police tried to prevent the CPI(M) leaders who had called for a protest in front of the University of Hyderabad (UoH) in support of the university community fighting against the auction of 400 acres of land. The police detained the CPI(M) leaders from entering the UoH campus to express their support to the students who are on an indefinite strike from Tuesday. The CPI(M) leaders alleged that the police brutally dragged and lathi-charged them who had called for a dharna in front of the HCU against the police's iron grip on students and demanding the release of the students in police remand and the withdrawal of the land auction. Not only are the voices of those questioning suppressed, but those who supported the questioners are also being attacked, they said. The Left leaders said that Chief Minister A Revanth Reddy has "really imposed an undeclared emergency in the state of Telangana in the name of Indiramma Rajyam and is suppressing all those who protest." They pointed out that the state government, which is struggling with the announcement made by the HCU Registrar on Monday that the survey was not conducted, is trying to suppress protests from all sides. On the other hand, more than 1,500 students under the auspices of the Students Union have paralysed the university. The campus is demanding that the police be immediately sent out from the campus, the lands be registered in the name of the university, and the students be released.

Bhadradi-Kothagudem continues to be district of concern on Naxalism



Hyderabad: Bhadradi-Kothagudem in Telangana continues to be a district of concern in terms of naxal affected districts. Bhadradi-Kothagudem was among the six districts of concern - Alluri Sitarama Raju in Andhra Pradesh, Balaghat in Madhya Pradesh, and Kalahandi, Kandhamal, and Malkangiri in Odisha where additional resources need to be intensively provided beyond the severely affected districts, according to the Ministry of Home Affairs (MHA). Union Home Minister Amit Shah on Tuesday said that taking a giant stride towards building a naxal-free Bharat, the nation achieved a new mile-

stone by significantly reducing the number of districts most affected by Left-Wing Extremism (LWE) to just six from 12. In a post on X platform, Amit Shah said that the Modi government was building a Sashakt, Surakshit and Samridh Bharat with a ruthless approach to Naxalism and relentless efforts for all-pervasive development. Bharat was determined to uproot Naxalism for good by March 31, 2026. Total number of districts affected by Naxalism in the country was 38. Among these, the number of most affected districts has reduced to six from 12, number of district of concern has also come down to six from nine and number of other LWE-affected districts has also been reduced from 17 to six. Out of total naxalism-affected districts, number of most affected districts has been reduced from 12 to six, which include four districts from Chhattisgarh (Bijapur, Kanker,

Narayanpur, and Sukma), one from Jharkhand (West Singhbhum), and one from Maharashtra (Gadchiroli). Similarly, out of the total 38 affected districts, the number of districts of concern, where additional resources need to be intensively provided beyond the severely affected districts, has reduced from nine to six. These six districts are: Andhra Pradesh (Alluri Sitarama Raju), Madhya Pradesh (Balaghat), Odisha (Kalahandi, Kandhamal, and Malkangiri), and Telangana (Bhadradi-Kothagudem). Due to persistent action against naxalism, number of other LWE-affected districts has also decreased from 17 to six. These include districts from Chhattisgarh (Dantewada, Gariaband, and Mohla-Manpur-Ambargarh Chowki), Jharkhand (Latehar), Odisha (Nuapada), and Telangana (Mulugu).



Yadagirigutta Temple Development Authority allocates 15 acres for Vedapathashala

YADADRI BHUVANAGIRI: The Yadagirigutta Temple Development Authority (YTDA) has allocated land for the construction of a Vedapathashala at Sri Lakshmi Narasimha Swamy shrine in Yadagirigutta. It has also expressed willingness to relocate the 70-student Sanskrit school to the same site as the Vedapathashala. Out of the 250-acre land designated for the temple city (Yadagirigutta), 15 acres have been earmarked for the Vedapathashala, with boundary demarcations finalised. Under the special supervision of Endowments Commissioner N Sridhar, the building will be constructed at a cost of Rs 23.79 crore with funds of Rs 13.79 crore from the Common Good Fund (CGF), Rs 5 crore from YTDA and Rs 5 crore from Yadagirigutta Temple. The allocated land includes 12.11 acres in Survey No. 169 of Gundlapalli village and additional land of 2.01 acres in Survey No. 154 of Datarupalli village and 0.28 acres in Survey No. 156. Revenue and YTDA officials have inspected the site and finalised the boundary markers. This initiative aims to enhance spiritual learning and promote Vedic education at Yadagirigutta. In a recent review meeting led by Chief Minister A Revanth Reddy and Endowments Minister Konda Surekha, Principal Secretary of the Endowments department, Shailaja Ramaiyer, emphasised advancing the project. Executive Officer (EO) A Bhaskar Rao had proposed relocating the Sanskrit school to the same site as the Vedapathashala. Currently, the school operates near the bus stand at the foothills of the temple, where the public and other disturbances are a major concern. The Vedapathashala is planned to be built on Pedda Gutta, a site that will reflect modern aesthetics while maintaining spiritual significance.

BRS' silver jubilee celebrations will result in political earthquake: KCR

Hyderabad: BRS Chief K Chandrashekar Rao on Tuesday said that the silver jubilee celebrations and the public meeting of the party on April 27 will bring a massive change in the State politics. The BRS supremo held a meeting with the party leaders from Warangal for about six hours at his farmhouse in Eraveli on Tuesday. According to sources, the BRS chief asked the party leaders to hold preparatory meetings with the district leaders for the success of the meeting. The party leaders were given the task of getting one lakh people per constituency in the Warangal district which



has 12 constituencies. This is not the public meeting but a meeting to make Telangana better. People have understood the difference between the BRS and Congress. If you are among the people, victory will be ours," said the BRS leader. Telangana travel guides Thanking the party chief KCR for entrusting their district with the responsibility of organising the silver jubilee meeting the Warangal lead-

ers, he said that they had organised many large meetings effectively and successfully even during the Telangana movement period. They said that they were already making arrangements for the meeting in 1,213 acres of land at Elkathurthi near Warangal. An area of 154 acres will be used for the Maha Sabha premises and 1,059 acres have been allocated for parking, for around 50,000 vehicles.

3 Officials Booked for Scam in Custom-Milling in Nizamabad

Nizamabad: Varni police registered a case against three officials including additional collector B. Chandrasekar for alleged irregularities in custom milling of rice in Nizamabad district. Following the directives from the High Court, police registered the case. The names of suspended Nizamabad district civil supplies officer Chandra Prakash and deputy tahsildar Nikhil Raj were included in the FIR. The trio allegedly favoured the then Bodhan BRS MLA Shakil Amer in custom milling of rice in Nizamabad district during 2022-23. Boyapati

Kishore, rice miller from Varni mandal, approached the High Court stating that his signature was forged by the officials in paddy procurement and custom milling process. Former MLA Shakil's family runs four rice mills in Nizamabad district. After Congress came to power, the civil supplies department officials found that 108 crore worth custom milling rice was misappropriated in Nizamabad. After serious warnings, the mills returned some rice and the loss is not estimated at 63 crore. Kishore said civil supply officials issued notices to him.



2500 kg narcotics seized by Indian Navy's mission-deployed warship in Indian Ocean

NEW DELHI: The Indian Navy's mission deployed warship has succeeded in seizing a large consignment of narcotics in the Western Indian Ocean region. The Navy on Wednesday said, "Indian Naval Ship (INS) Tarkash, a frontline frigate of the Indian Navy operating under the Western Naval Command, has successfully intercepted and seized over 2500 kg of narcotics in the Western Indian Ocean. On March 31, 2025, while on patrol, INS Tarkash received multiple inputs from Indian Navy P8I aircraft regarding suspicious vessels operating in the area. These vessels were believed to be involved in illicit activities, including narcotics trafficking. The P8Is are Long Range Maritime Reconnaissance Anti-Submarine Warfare aircraft. In response, the ship altered its course to intercept the suspicious vessels. "After systematically interrogating all suspicious vessels in the vicinity, INS Tarkash intercepted and boarded a suspect dhow, owing to the coordinated efforts with the P8I and the Maritime Operations Centre in Mumbai." Said the Navy. A specialist boarding team, along with Marine Commandos, boarded the suspect vessel and conducted a thorough search, leading to the discovery of various sealed packets. Further search and interrogation revealed over 2,500 kgs of narcotic substances (including 2386 kgs of hashish and 121 kgs of heroin) stored in different cargo holds and compartments onboard the vessel. The suspicious dhow was subsequently brought under the control of INS Tarkash, and the crew underwent comprehensive questioning regarding their modus operandi and the presence of other similar vessels in the area. Additionally, the ship launched its integral helicopter to monitor the activities of the suspicious vessel and identify other vessels likely operating in the area. This seizure underscores the effectiveness and professionalism of the Indian Navy in deterring and disrupting illicit activities, including narcotics trafficking at sea. The Indian Navy's participation in multinational exercises aims to promote security, stability, and prosperity across international waters in the Indian Ocean Region (IOR). This operation underscores the Indian Navy's unwavering commitment to combating maritime crime and bolstering regional security. Deployed in the Western Indian Ocean since January 2025 for Maritime Security Operations, INS Tarkash is actively supporting Combined Task Force (CTF) 150, which is part of the Combined Maritime Forces (CMF) and is based in Bahrain. The ship is participating in the multi-national forces joint focus operation, Anzac Tiger. Combined Task Force (CTF) 150 is one of five task forces operated by Combined Maritime Forces (CMF). CTF 150 conducts Maritime Security Operations (MSO).

'Laboured, tortuous': P Chidambaram on Sitharaman's explanation to query on capital expenditure

NEW DELHI: Senior Congress leader P Chidambaram has said Finance Minister Nirmala Sitharaman gave a "tortuous" explanation to his question on capital expenditure, asserting that the numbers "conclusively" proved that there was a "cut" in capex during 2024-25. Chidambaram said this in a statement late on Tuesday evening while responding to the answers given by Sitharaman in the Rajya Sabha. The former finance minister said Sitharaman has given a "laboured and tortuous" explanation to a simple question on what was the budget estimate for capital expenditure in the 2024-25 budget and what is the estimate at the end of year. "There is a reduction (cut), and I asked in the Rajya Sabha what are the reasons for the cut? FM could have listed the reasons and it is for the people to decide whether the reasons are acceptable or not. "Instead, she has questioned the very comparison of BE and RE. I am astonished that the Hon'ble FM should say that comparison of BE and RE is 'flawed'. If BE and RE are not comparable, why list the two numbers side-by-side on the same page in the Budget documents," Chidambaram asked. He also asked why does the finance min-



ister list the Budget Estimate (BE) of fiscal deficit side-by-side with the Revised Estimate (RE) of the fiscal deficit. "In order to show the world that the government has 'improved' upon the original estimate of the fiscal deficit," he said. "The same logic applies to all estimates. As far as capital expenditure in 2024-25 is concerned, the numbers conclusively prove that there was a reduction (cut) in 2024-25," Chidambaram said in the statement. Earlier, Sitharaman said the capital expenditure has not been reduced but has gone up to Rs 11.21 lakh crore for the 2025-26 fiscal, and claims of cuts are misleading and based on flawed comparisons. Replying during the Question Hour in the Rajya Sabha, Sitharaman said the capital expenditure was Rs 11.11 lakh crore in 2024-25. "Actually, (in) the budget this year. It has gone up to Rs 11.21 lakh crore. So, the capital expenditure has not been cut at all," she said. "So, cutting down the capital expenditure is not the case with us," she added. Sitharaman was responding to a question by Chidambaram. Later, responding to a social media post of Chidambaram, Sitharaman said his "claims of a cut in capital expenditure are misleading and based on flawed comparisons". Chidambaram's selective arithmetic and flawed comparisons between BE and RE of the same year may serve political rhetoric but do little for informed public discourse, she said in a post on X.

UK to Increase Visa Fees by Up to 15% from April 1

Hyderabad: Following the steps of Australia and the United States, the United Kingdom has increased its visa fee by 10 to 15 per cent, depending on the category, effective from April 1. Additionally, the UK has introduced a £16 (Rs.1,765) fee for its electronic travel authorisation (ETA) system for visa-exempt travellers. As per the revised UK visa fees, a six-month standard visitor visa, which used to cost £115 (around Rs.10,600) will now cost £127 (around Rs.11,700). A two-year visa, which cost £432 (around Rs.39,900), is now at £475 (around Rs.43,800). A regular student visa, which used to cost £490 (around Rs.45,200) will now cost £524 (around Rs.48,400). The short-term study visa, which is valid between 6-11 months is now £214 (Rs.19,700) against £200 (around Rs.18,400) earlier. A skilled worker visa, which grants visa under the 'Sponsor a Worker' scheme operated by the secretary of state, will now cost £769 (around Rs.71,000) for under three years and £1,160 (around Rs.1.07 lakh) above three years.

Two women Naxalites killed in encounter in Madhya Pradesh's Mandla district

BHOPAL: In an early morning anti-Maoist operation by the Madhya Pradesh police, two armed and wanted women Maoist cadres were gunned down by the state police in the jungles of Mandla district on Wednesday. Confirming the operation, special DG (anti-naxal) of MP Police, Pankaj Srivastava, told TNIE that each of the slain Maoist women who hailed from Chhattisgarh carried Rs 14 lakh bounty, meaning a collective Rs 28 lakh bounty. The women Maoists duo identified as Mamta and Pramila, hailed from Chhattisgarh and were part of the left-wing extremists (LWEs) Kanha-Bhoramdev division, which is active in Balaghat, Mandla and Kawardha districts of MP and Chhattisgarh. The incident happened in the dense forests under the Bichiya police station area of east-central MP's Mandla district at around 8 am. Arms, ammunition and a wireless set

have been seized from the spot. This is the second major success for the special Hawk Force engaged in anti-Maoist operations in Maoist-affected Balaghat, Mandla and Dindori districts of MP within 42 days. Earlier, on February 19, four women Maoist cadres (the maximum in a single anti-Maoist operation so far in MP) were gunned down in an alleged encounter in the Supkar forest area of Balaghat district. The two women Maoists killed on Wednesday morning were part of the Kanha-Bhoramdev division of the Maharashtra-Madhya Pradesh-Chhattisgarh zonal wing of the outlaws, which is active in the bordering districts of the three states. Currently, there are around 10-15 armed cadres forming the KB division, which has been active in parts of the Kanha National Park (KNP) of MP and the Bhoramdev Wildlife Sanctuary in Kawardha (Chhattisgarh) since 2019.

Centre tables contentious Waqf (Amendment) Bill in Lok Sabha, says legislation 'not about religion'



NEW DELHI: Union Minority Affairs Minister Kiren Rijiju on Wednesday tabled the Waqf (Amendment) Bill, 2025, as proposed by a Joint Parliamentary Committee, in the Lok Sabha for consideration and passage. The bill seeks to improve the administration of Waqf properties, introduce technology-driven management, address complexities and ensure transparency. Introducing the bill, Rijiju said the consultation process of the Joint Parliamentary Committee (JPC) was the largest ever exercise carried out by a parliamentary panel in India's democratic history. He said over 97.27 lakh petitions, memorandums were received by the JPC through physical and online formats and the JPC had gone through each of them before finalising its report. The minis-

ter said as many as 284 delegations submitted their views on the bill besides the Waqf boards of 25 states and Union Territories. Legal luminaries, charitable organisations, academicians and religious leaders, among others, have also submitted their opinions, he said. Union Minister of Minority Affairs Kiren Rijiju speaks in the Lok Sabha during the Budget session of Parliament, in New Delhi, Wednesday, April 2, 2025. "The government is not going to interfere in any religious institution. The changes made in the Waqf law by the UPA government gave it overriding effect over other statutes, hence the new amendments were required," Rijiju said amid no isy opposition protest. "You tried to mislead the people on issues which are not part of the Waqf Bill," Rijiju told the opposition. This


bill has nothing to do with religion, but deals only with properties, he added. According to the bill, trusts created by Muslims under any law will no longer be considered Waqf, ensuring full control over the trusts. As per the bill, only practising Muslims (for at least five years) can dedicate their property to Waqf, restoring pre-2013 rules. Also, women must receive their inheritance before Waqf declaration, with special provisions for widows, divorced women and orphans. The bill also proposes that an officer above the rank of collector will investigate government properties claimed as Waqf. In case of disputes, the senior government official will have the final say on whether a property belongs to Waqf or the government. This replaces the existing system where such decisions are made by Waqf tribunals. Also, the bill proposes that non-Muslim members will be included in the central and state Waqf boards for inclusivity. Women must receive their inheritance before Waqf declaration, with special provisions for widows, divorced women and orphans. Earlier, Speaker Om Birla rejected the opposition's objections that the government has no power to insert new provisions in the amended bill. Union Home Minister Amit Shah said the bill was tabled after a long process of consultations carried out by the JPC. Shah said the bill was first introduced in August 2024 after which, as sought by the House, it was referred to the JPC.

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Education

VOICE OF WORDS

Friday, April 04, 2025



AP Inter exam results to be released via WhatsApp in April second week

The Board of Intermediate officials are working diligently to announce the results of the AP Intermediate exams between April 12 and 15. The evaluation process is expected to be completed by April 6, followed by a brief period of computerisation that will take five to six days. In a significant shift from previous years, this time the results will be distributed directly through WhatsApp. Each student will be required to submit their marks in PDF format, which will serve as short memos. Traditionally, results were made available first, with short memos later posted online. This innovative approach aims to streamline the process and enhance accessibility for students. Students and guardians are encouraged to stay vigilant for further updates as the release dates approach.

Watumull Institute of Engineering and Technology Hosts 'HackVerse'



Ulhasnagar, March 28, 2025 – The Watumull Institute of Engineering and Technology (WIET) successfully organized 'HackVerse - 2025,' a 24-hour national hackathon held on March 27th and 28th, 2025. This event served as a dynamic platform for innovation and technical excellence, attracting participants from across the nation. A total of 224 teams registered from eight states, including prestigious institutions such as IITs and IIMs, showcasing the event's nationwide reach. Following rigorous rounds of selection, 157 teams advanced to the first stage, and 56 finalists presented ingenious solutions to diverse and challenging problem statements. 'HackVerse - 2025'

featured 12 thoughtfully designed problem statements spanning six critical domains: EduTech, FinTech, Cybersecurity, Financial Rehabilitation, Healthcare, and Open Innovation. Participants demonstrated their technical expertise and critical thinking skills. The event culminated with finalists presenting their projects to an esteemed panel of judges, who evaluated the submissions based on creativity, technical skills, and problem-solving ability. WIET's commitment to fostering technical talent and nurturing innovative thinking was evident throughout the event. Prof. Avinash Gondal, In-Charge Principal of WIET, reflected on its success, stating: "Through initiatives like 'HackVerse - 2025,' we aim to cultivate a culture of technical excellence and empower young minds to tackle real-world challenges." Watumull Institute of Engineering and Technology, originally known as Watumull Institute of Engineering and Computer Technology, stands as one of the oldest and most renowned technical institutions in South Mumbai. Now operating from the spacious CHM Campus in Ulhasnagar.

University of Leeds Announces International Masters Regional Scholarships for 2025



Bengaluru : The University of Leeds, UK has announced the launch of the International Masters Regional Scholarships, offering a £6,000 fee reduction for Indian students enrolling in taught Master's courses in 2025. The scholarship aims to support talented individuals, helping to ease living costs and enable students to focus on their education. Offered as a fee waiver in the second semester, this scholarship marks yet another milestone in the

University strengthening its ties with India. Eligibility and Award criteria: To be eligible for the scholarship students must be classified as a national from India (or another eligible country/region). Other conditions include: · You must be self-funded or partially funded and classified as an international fee-paying student · You must hold a conditional or unconditional offer for a 2025 Master's degree. Scholarship, Funding Fearless Futures for Female Students · The Leeds MBA and online courses are not eligible for this scholarship · The scholarship cannot be deferred to a future year of entry, but can be combined with any available University of Leeds or external funding as long as it doesn't exceed 100% of your tuition fees. Value of Award: £6,000 each How to apply: Students do not need to apply for the scholarship. They will receive the scholarship automatically on meeting the award criteria. Also Read - Scholarships Those who are eligible will be notified of their scholarship award via email. They are encouraged to confirm their interest through the link provided in the email. All eligible students will receive the scholarship as a tuition fee discount in their second semester, which will be automatically applied if they are registered at the University on 30 January 2026.

CBSE officials to inspect schools in TG

Hyderabad: After the Central Board of Secondary Education (CBSE) decided to act against dummy schools, regional officers from Vijayawada will conduct inspections at schools in Telangana, and submit reports to the CBSE chairman, recommending appropriate actions, including disaffiliation of non-compliant schools. The CBSE has urged parents to verify the affiliation of school before admissions. The board stated that every school must display its affiliation details on its website, including the year of establishment, infrastructure details, and staff information. Parents can check a school's affiliation status using its affiliation number on the CBSE SARAS 6.0 website, which provides information on active affiliations, affiliated schools and change in affiliations and including disaffiliations. Currently, 638 schools in Telangana are affiliated with CBSE, including 128 in Hyderabad. However, experts warn that some institutions misuse CBSE affiliations. "If a management runs

four schools, they may obtain affiliation for only one while falsely claiming that the others as CBSE recognised. These unrecognised institutions often function as tuition centres, which are not regulated by any law," said an education expert. "Many parents, unaware of this malpractice, enroll their children trusting the brand name of the institute," he added. Schools seeking CBSE affiliation will undergo a rigorous approval process that can take one to two years, depending on the compliance with CBSE norms and can face delays if they fail to meet mandatory requirements. "If any deficiencies are found, CBSE notifies the school, allowing them two to three months to rectify the issues," said educationist Vasireddy Amarnath. "If a school fails to meet essential infrastructure standards, its application is rejected outright. Fearing the rejection, school managements continue to wrongly claim CBSE affiliation despite be-



ing not approved, such schools send their students for board exams through other affiliated institutions, these institutions often mislead parents and students by falsely advertising them as CBSE affiliated," he added. CBSE is working to eliminate such dummy schools, ensuring that students are not misled. "If a school admits students without a valid affiliation number, the responsibility for their future lies entirely with the school," a CBSE official said.

MPSC Delays State Service Exam 2023 Final Results By Over Six Months; Candidates Demand Clarity



Candidates awaiting the final result of the Maharashtra Public Service Commission (MPSC) State Service Examination 2023 have expressed growing frustration over the inordinate delay in the recruitment process. The commission had published the general merit list after interviews in September last year, but despite over six months passing since then, the final result remains undisclosed. The recruitment process, which was initiated almost two years ago for 303 State Service Group-A and Group-B posts, has seen repeated delays at multiple stages. The preliminary examination was conducted on June 4, 2023, with results

declared on September 6. The main examination followed on January 20, 21, and 22, 2024, with results announced on July 16. Candidates then underwent medical examinations between August 1 and September 2, and interviews were conducted from August 13 to September 26. Despite this rigorous schedule, the final result remains pending, further aggravating the uncertainty faced by aspirants. Candidates were given the opportunity to submit their preferences for posts between March 11 and 18, yet, even two weeks after the completion of this process, the final recruitment list has not been released. "When will the final result of the State Service Examination 2023 be declared? Preference link opened two weeks ago, but the result is still awaited!" asked a frustrated candidate.

Osmania University students join protest against Kancharla Gachibowli land auction

Hyderabad: Tension prevailed on the Osmania University campus here on Tuesday as students staged a protest against the Telangana Congress government's decision to auction 400-acres of land abutting University of Hyderabad campus in Kancharla Gachibowli Telangana cuisine. The protesters, including from BRSV, PDSU, AISF and SFI, demanded immediate withdrawal of land auction and wanted protection of the land and wildlife there. Police arrested the protesters from the Arts College and shifted them to the local police station.

Mental health and autism: Addressing anxiety, depression and emotional well-being



The World Health Organisation notes that 1 in 100 children globally has autism. In India, it affects about 1-1.5% of 2-9 year olds, with this number set to surge. Involving a diverse range of conditions related to brain development, the traits of autism can be seen in early childhood but are typically not identified until far later. While some autistic children may

lead independent lives, others require life-long care and assistance. Nevertheless, its sway goes beyond one's capacity to intermingle and grasp the world; numerous children with autism also endure mental health concerns, including anxiety, depression and issues with emotional well-being. Nearly 39.6% children detected with autism also qualify for at least one anxiety disorder, making it amongst the most common co-occurring diagnoses. Depression, too, is a main concern for autistic children, especially when they undergo the transition to adolescence. Their issues are intensified by a lack of social engagement, sensory processing combined with the pressure of coping with everyday obstacles. Often, physical symptoms, meltdowns or irritation and repetitive behaviours reflect anxiety and depression. Autistic children also battle emotional control, which prevents them from handling, expressing feelings. Its effects vary greatly, hence, it is crucial to note its manifestations. Autistic individuals frequently experience "Autistic burnout". It occurs when prolonged stress from sensory inputs, emotional demands and social expectations causes deep exhaustion which results in cognitive fatigue and shutdowns and increased sensitivity particularly among individuals who mask their autistic traits. The condition differs from typical burnout because it does not recover through brief periods of

rest. Patients need ongoing approaches that include reducing sensory overload, structured rest periods and self-acceptance support. Parents and caregivers should be mindful of the early signs and symptoms exhibited. Screening techniques can help ascertain co-occurring mental health conditions. Likewise, therapeutic techniques such as Cognitive Behavioural Therapy (CBT) have proven to be successful in regulating anxiety. Moreover, treatments containing social narratives and visual aids can be relevant. Also, Applied Behavioural Analysis (ABA) and other strategies meant to teach emotional control and anxiety management are helpful. It encompasses relaxing techniques and positive reinforcements. Children with autism may also gain from other mindfulness-led therapies including guided imagery, progressive muscle relaxation and deep breathing. Severe instances of anxiety and depression might require medication. Parents and caregivers have to let the child be monitored by a medical practitioner during such occurrences. Similarly, they can establish a consistent routine to help emotional control. Furthermore, sensory-friendly environments at home or school might let them calm down. Programs inclusive of training, peer support groups.



International News

VOICE OF WORDS

Friday, April 04, 2025



Gas fire in Malaysia injures more than 100 people and damages 49 houses

KUALA LUMPUR: A fire caused by a burst gas pipe spread to several homes and sent a fireball soaring into the sky outside Malaysia's largest city Tuesday, injuring more than 100 people. The towering inferno near a gas station in Putra Heights outside Kuala Lumpur was visible for kilometers (miles) and lasted for several hours. It happened during a public holiday as Muslims, who are the majority in Malaysia, celebrate the second day of Eid. National oil company Petronas said the fire started at one of its gas pipelines at 8:10 a.m. and the affected pipeline was later isolated. Disaster management officials said shutting the valves will eventually snuff out the fire. The flames, 20 stories high at one point, were small enough for firefighters to approach around 2:45 p.m., the Selangor state fire department told the Star newspaper. At least 49 houses were damaged and 112 people were injured, with 63 sent to the hospital for burns, breathing difficulties and other injuries, Selangor Deputy Police Chief Mohamad Zaini Abu Hassan was quoted by national Bernama news agency as saying. Selangor Chief Minister Amirudin Shari said the fire department evacuated nearby homes as a safety measure and the residents will be placed in mosques nearby until the situation is under control. Pictures and videos of the fireball went viral on social media, with some residents saying they felt a strong tremor with the doors and windows of their homes shaking. Lee Weng Ken, who suffered burns to his left leg, said he was shocked when the ceiling of his house collapsed and crushed his vehicle parked in the compound of the house. "I rushed out of my house but fell and suffered burns due to the heat from the blaze near my house," he told Bernama. Another victim who only wanted to be known as Andy, told Bernama he ran out of his home with his children when they felt tremors and saw the raging fire about 100 meters (yards) away. "I could only take the car out. My 18-year-old daughter injured her foot when she fell while climbing the fence due to the heat, he said. Petronas said three gas stations were closed as a precaution, though they weren't affected, and investigations are still underway.

Nonprofit groups and Democrats sue Trump administration over election executive order

NEW YORK: President Donald Trump's executive order seeking to overhaul the nation's elections faced its first legal challenges Monday as the Democratic National Committee and a pair of nonprofits filed two separate lawsuits calling it unconstitutional. The Campaign Legal Center and the State Democracy Defenders Fund brought the first lawsuit Monday afternoon. The DNC, the Democratic Governors Association, and Senate and House Democratic leaders followed soon after with a complaint of their own. Both lawsuits filed in the U.S. District Court for the District of Columbia ask the court to block Trump's order and declare it illegal. "The president's executive order is an unlawful action that threatens to uproot our tried-and-tested election systems and silence potentially millions of Americans,"



said Danielle Lang, senior director of voting rights at the D.C.-based Campaign Legal Center. "It is simply not within the president's authority to set election rules by executive decree, especially when they would restrict access to voting in this way." The legal challenges had been expected after election lawyers warned some of Trump's demands in the order, including a proof-of-citizenship requirement for voter registration and new ballot deadline rules, may violate the U.S. Constitution. The order also asserts power that legal experts say the president doesn't have over an independent agency. That agency, the U.S. Election Assistance Commission, sets

voluntary voting system guidelines and maintains the federal voter registration form. The suits come as Congress is considering codifying a proof-of-citizenship requirement for voter registration into law, and as Trump has promised more actions related to elections in the coming weeks. Both the legal challenges draw attention to the Constitution's "Elections Clause," which says states — not the president — get to decide the "times, places and manner" of how elections are run. That section of the Constitution also gives Congress the power to "make or alter" election regulations, at least for federal office, but it doesn't mention any presidential authority over election administration.

India is amazing from space, for sure going back to my father's home country: NASA astronaut Sunita Williams

NEW YORK: India is amazing from space, NASA astronaut Sunita Williams said and voiced optimism that she will visit her father's home country and share experiences about space exploration with people there. Sunita made these remarks during a press conference Monday.

She was responding to a question on how India looked from space when she was in the International Space Station and on possibility of her collaborating with Indian Space Research Organisation (ISRO) on space exploration. "India is amazing. Every time we went over the Himalayas, and I'll tell you, Butch got some incredible pictures of the Himalayas. Just amazing," Sunita said. The 59-year-old NASA astronaut and fellow astronaut Butch Wilmore addressed reporters at their first joint press conference days after they returned to Earth as part of the SpaceX Crew-9 mission, having been stranded in space for over nine months. "And you can see, like I've described it before, just like this ripple that happened, obviously when the plates collided, and then as it flows down into India. It's many, many colours," she said. "I think, when you come from the east, going into like Gujarat and Mumbai, the fishing fleet that's off the coast there gives you a little bit of a beacon that here we come, and then all throughout India, I think the impression I had was it was just like this network of lights from the bigger cit-



ies going down through the smaller cities. Just incredible to look at at night as well as during the day, highlighted, of course, by the Himalayas, which is just incredible as a forefront going down into India," she said. Sunita added that "I hope, and I think for sure, I'm gonna be going back to my father's home country and visiting with people and getting excited about the first, or not the first, but the Indian national who's going up on the Axiom Mission coming up, pretty awesome," she said. She made those remarks while referring to the Axiom Mission 4 (Ax-4) commercial astronaut mission to the International Space Station that will include Mission Pilot Shubhanshu Shukla of India. Lucknow-born Shukla will be India's second astronaut after former Indian Air Force officer Rakesh Sharma to go to space since 1984. "They'll have a hometown hero there of their own that will be able to talk about how wonderful the International Space Station is from his perspective. I hope I can meet up at some point in time, and we can share our experiences with as many people in India as possible, because it's a great country, another wonderful democracy that's trying to put its foot in the space countries, and we'd love to be part of that and help them along," she said.

Myanmar earthquake:

Deaths exceed 2,700; survivors still being found

BANGKOK: Rescue workers saved a 63-year-old woman from the rubble of a building in Myanmar's capital on Tuesday, but hope was fading of finding many more survivors of the violent earthquake that killed more than 2,700 people, compounding a humanitarian crisis caused by a civil war. The fire department in Naypyitaw said the woman was successfully pulled from the rubble 91 hours after being buried when the building collapsed in the 7.7 magnitude earthquake that hit midday Friday.



After Trump's 'Bombing' Threat Over N-Deal... Iran readies missiles for potential response

Tehran: Hours after US President Donald Trump on Sunday threatened Iran with bombing and secondary tariffs, the armed forces in Iran have reportedly readied missiles for a potential response.

According to a report with the Tehran Times, a significant number of launch-ready missiles have been located in underground facilities scattered across the country, designed to withstand airstrikes.

Trump had threatened Iran with bombings and secondary tariffs if Tehran did not come to an agreement with Washington over its nuclear program. In his first remarks since Iran rejected direct negotiations with Washington last week, he told NBC News that the US and Iranian officials were talking, but did not elaborate. Local event listings "If they don't make a deal, there will be bombing,"

Trump said in a telephone interview. "It will be bombing the likes of which they have never seen before." There's a chance that if they don't make a deal, that I will do secondary tariffs on them like

I did four years ago," he added. In response, Iran sent a letter to Trump through Oman, urging Tehran to reach a new nuclear deal, saying its policy was to not engage in direct negotiations with the United States while under its maximum pressure campaign and military threats, Tehran's foreign minister was quoted as saying on Thursday.

China's provocations threaten regional peace, says Taiwan after Beijing's military drills



Taipei: Strongly condemning China's joint military drill around Taiwan, Taipei on Tuesday said that Beijing's provocations are threatening regional peace. This comes after 19 Chinese Navy ships operating around Taiwan were detected on Tuesday morning. The Taiwanese Ministry of National Defence condemned the move, which it called a disruption to the status quo, and said it had deployed military vessels and aircraft in response to the threats. 19 Chinese Navy ships operating around Taiwan were detected on Tuesday morning. Taiwan's Armed Forces have monitored the situation and employed CAP aircraft, Navy ships, and coastal missile systems in response to detected activities," the defence ministry stated. The Taiwanese Ministry of Foreign Affairs demanded China stop destabilising the status quo and Indo-Pacific peace and stability through "reckless behaviour. We strongly condemn China's joint military drills near Taiwan. CCP's provocations from the East & South China Seas to Oceania threaten regional peace. We urge Beijing to stop destabilising the status quo & Indo-Pacific peace & stability through reckless behaviour." Meanwhile, the defence ministry said that Taiwan adheres to the principle of "no escalation of conflict, no provocation of disputes, responding prudently to grey-zone harassment to safeguard national sovereignty and the security of the people." The drills took place after US Secretary of Defense Pete Hegseth left Taiwan following visits to Japan and the Philippines. During his visit, he criticised China and said Japan was "indispensable" for tackling Chinese aggression. "Taiwan is their best excuse. That's why they chose to launch such military drills as soon as the US defence secretary left Asia," Taiwan's leading newspaper, Taipei Times, reported, quoting an official. The defence ministry, earlier on Tuesday, said that the PLA Navy vessels, led by the aircraft carrier, Shandong, were detected from March 29 and entered into Taiwan's response zone. It said that Taiwanese forces have monitored the situation and responded accordingly."

VOICE OF WORDS BUSINESS

GST Collection Grows 9.9% To Over Rs 1.96 Lakh Crore In March

New Delhi: Gross GST collection grew 9.9 per cent in March to over Rs 1.96 lakh crore - the second-highest mop-up ever, government data showed on Tuesday. GST revenue from domestic transactions rose 8.8 per cent to Rs 1.49 lakh crore, while revenue from imported goods was higher 13.56 per cent to Rs 46,919 crore. The gross collection includes Central GST mop-up of Rs 38,145 crore, State GST collection of Rs 49,891 crore and Integrated GST (IGST) of Rs 95,853 crore. Cess collection during March stood at Rs 12,253 crore. Total refunds during March rose 41 per cent to Rs 19,615 crore. After adjusting refunds, net GST revenue stood at over Rs 1.76 lakh crore in March 2025, a 7.3 per cent growth over the year-ago period. GST collection had hit a record high of Rs 2.10 lakh crore in April 2024. Deloitte India Partner MS Mani said the 9.9 per cent increase in gross GST collection for the month reflects the impact of year-end sales push by businesses. "It is very encouraging to see that this is not an isolated instance as GST collections have shown a steady increase every month reflected by the 9.4 per cent increase in annual Gross GST collections," Mani said. Gross GST collection during April-March stood at Rs 22.08 lakh crore, a 9.4 per cent Y-o-Y growth. "There continues to be a wide variation in the growth rates of GST collections across key manufacturing and consuming states. While states like Maharashtra, Haryana, UP, Rajasthan have shown a growth exceeding 10 per cent, other states



like Gujarat, Karnataka, Telangana, AP, Tamil Nadu have been in the range of -1 per cent to 7 per cent, which is very unusual for the month of March. There is a need to understand the reasons for the same by evaluating the sectoral growth and compliance rates in these states," Mani said. KPMG in India, Partner and Head, Indirect Tax, Abhishek Jain said, a nearly 10 per cent growth in collections compared to last year reflects economic stability and strong tax compliance by companies. "With fiscal year-end adjustments and reconciliations underway, we can expect a further surge in month-on-month growth in the next set of collection," Jain added.



NRI remittances soar to record \$129.4 billion in 2024, India retains top rank

New Delhi: Indians working abroad sent home a record \$129.4 billion in 2024 with the highest-ever inflows of \$36 billion in the October-December quarter, according to the latest figures compiled by the Reserve Bank of India (RBI). India tops the list of recipient countries for remittances in 2024 and is way ahead of second-placed Mexico with \$68 billion. China (\$48 billion) is at the third spot followed by the Philippines (\$40 billion), and Pakistan (\$33 billion), according to figures compiled by World Bank economists. The growth rate of remittances in 2024 is estimated to be 5.8 per cent, compared to 1.2 per cent registered in 2023, according to World Bank data. The number of Indians working overseas has tripled from 6.6 million in 1990 to 18.5 million in 2024, with its share in global migrants rising from 4.3 per cent to over 6 per cent during the same period. Indian migrants in the Gulf countries account for around half of the total Indian migrants in the world. The recovery of the job markets in the high-income countries of the Organisation

for Economic Co-operation and Development (OECD), following the onset of the COVID-19 pandemic, has been the key driver of remittances. This is especially true for the United States where the employment of foreign-born workers has recovered steadily and is 11 per cent higher than the pre-pandemic level seen in February 2020. Officially recorded remittances to low and middle-income countries (LMICs) are expected to reach \$685 billion in 2024. According to the World Bank, remittances have continued to outpace other types of external financial flows, such as FDI, to low and middle-income countries and will continue to increase because of enormous migration pressures driven by demographic trends, income gaps, and climate change. During the past decade, remittances increased by 57 per cent, while FDI declined by 41 per cent. Remittances will likely continue to increase because of enormous migration pressures driven by demographic trends, income gaps, and climate change, the World Bank report explained.



IREDA Records 27% Jump In Loan Sanctions To Rs 47,453 Crore For FY 2024-25

New Delhi: The Indian Renewable Energy Development Agency Limited (IREDA) on Monday reported a 27 per cent jump in loan sanctions to Rs 47,453 crore for the financial year ending on March 31, 2025 compared with the corresponding figure of Rs 37,354 crore in the previous year. Loan disbursements rose by 20 per cent to Rs 30,168 crore in 2024-25 from Rs 25,089 crore in FY 2023-24. The outstanding loan book also expanded by 28 per cent, reaching Rs 76,250 crore as of March 31, 2025, up from Rs 59,698 crore in the previous year, according to an IREDA statement. IREDA Managing Director Pradip Kumar Das said: "Announcing IREDA's annual performance on the last day of the financial year underscores our strong commitment to the highest standards of corporate governance and transparency with our investors. IREDA's consistent growth in loan sanctions, disbursements, and loan book reflects our strong dedication to financing renewable energy projects. We remain committed to supporting India's clean energy transition through innovative and accessible financing solutions." IREDA signed an agreement for a 26 billion Japanese Yen loan from the SBI's Tokyo branch last week, which includes a green shoe option of 10 billion Japanese Yen. This five-year unsecured facility, with bullet payment at maturity, is set to strengthen IREDA's global market presence, according to a stock exchange filing by the company.

Aditya Birla group sells pulp & paper biz to ITC for Rs 3,500 crore



NEW DELHI: Aditya Birla Real Estate Ltd (ABREL) will sell its pulp and paper business - Century Pulp and Paper (CPP) - located at Lalkuan in Uttarakhand by way of slump sale to ITC Limited for Rs

3,498 core. ABREL said in a statement on Monday that the divestment of the pulp and paper undertaking is a value unlocking exercise for ABREL. "It will further enable the company to pursue growth opportunities in its core business—real estate," it said. Speaking on the transaction, ABREL managing editor RK Dalmia said: "The divestment of the Pulp and Paper undertaking by ABREL is a strategic portfolio choice and unlocks value for the shareholders of ABREL. The company has embarked on a transformational growth phase, and this move will further sharpen its focus on real estate to drive sustained value creation." He added that over the years, CPP has become synonymous with strong performance and high sustainability standards. "To take it to the next level in size and value, the company is pleased to have found in ITC, a credible and well-established player," he said. The lump sum consideration is subject to certain adjustments as per the agreement. The transaction is contingent on necessary statutory and regulatory approvals including approvals from the Competition Commission of India (CCI) and shareholders. JM Financial Limited acted as the exclusive financial advisor and AZB & Partners acted as the legal advisor to ABREL for this transaction. Aditya Birla Real Estate, as its key business, develops premium residential housing in key markets. The company is developing land parcels both through outright purchases as well as asset light Joint Ventures apart from developing its own land parcels. While, the ITC Group is a major player in paperboards and specialty paper business.



UPI Payments Hit New High With Rs 24.77 Lakh Crore Transactions In March

New Delhi: The Unified Payments Interface (UPI) saw a 13.59 per cent increase (on-month) in transaction volume at 18.3 billion in the month of March, from 16.11 billion in February, the National Payments Corporation of India (NPCI) data showed on Tuesday. The month of March saw a record Rs 24.77 lakh crore worth UPI-based transactions, up 12.79 per cent from Rs 21.96 lakh crore in February. On a daily basis, the UPI network recorded more than 590 million average transactions at Rs 79,910 crore daily transaction count, according to the NPCI data. On a year-on-year basis, the record-breaking UPI transactions of Rs 24.77 lakh crore in March marked a 25 per cent surge in value and an impressive 36 per cent growth in volume, demonstrating the unstoppable momentum of India's digital payments revolution. With daily transactions averaging Rs 79,910 crore, up 1.9 per cent from February, and volumes rising 2.6 per cent, these numbers underscore the rapid adoption and trust in digital financial solutions. Meanwhile, as digital payment users on Tuesday faced issues in processing transactions on UPI, the NPCI attributed the reason to the closing of the financial year 2024-25 (FY25). "Today, due to the financial year closing, some of the banks are facing intermittent transaction declines. UPI system is working fine, and we are working with the concerned banks for necessary redressal," the NPCI said in a statement. From April 1, it will be mandatory for UPI member banks, UPI apps, and third-party providers to follow these new guidelines. According to the new norms, the UPI ID linked to the inactive mobile number will become inactive. That is, if the mobile number registered with the bank of a UPI user is inactive for a long time, then the UPI ID of the user will also be unlinked, and the person will not be able to use the UPI service. In such a situation, every person using the UPI service will need to ensure that the mobile number registered with his bank is active.

Automakers clock robust SUV sales in India in March amid resilient economy

New Delhi: The Indian automakers on Tuesday reported strong sales figures for the month of March, particularly in the SUV segment, driven by increasing private consumption and a resilient economy. Among the top performers, Maruti Suzuki, Mahindra & Mahindra, and Kia India showcased impressive growth in their SUV sales. Maruti Suzuki India, the largest car manufacturer in India, saw a growth of nearly 4.5 per cent in its SUV sales in March 2025, with 61,097 units sold compared to 58,436 units during the same month last year. The overall sales of Maruti Suzuki in March 2025 rose by 3.1 per cent year-on-year (YoY), totalling 192,984 units, up from 1,87,196 units in March 2024. The company also posted its highest-ever annual



sales of 22,34,266 units for FY25, which includes its highest-ever domestic sales of 17,95,259 units and exports of 3,32,585 units. Mahindra & Mahindra also made significant strides in the SUV market, selling 48,048 vehicles in the domestic market in March -- which is an 18 per cent growth. Overall, the company's SUV sales, including exports, stood at 50,835 vehicles for the month. The company reported its highest-ever annual SUV sales of 551,487 units in FY25 -- a 20 per cent growth compared to the previous year. Mahindra's total vehicle sales in March 2025 stood at 83,894 units, showing a 23 per cent YoY growth. The company also launched its Electric Origin

SUVs, which are witnessing strong demand. The year ended on a very positive note with us selling over 5 lakh SUVs in the domestic market for the first time ever," said Veejay Nakra, President, Automotive Division, M&M Limited. Kia India, known for its mass-premium offerings, recorded domestic sales of 25,525 units in March 2025 -- a 19.3 per cent growth from 21,400 units in March 2024. The Sonet remained the top-selling model for Kia, accounting for 30 per cent of its sales, followed by the Seltos, Carens, and Syros. Hardeep Singh Brar, Senior VP and Head of Sales and Marketing at Kia, expressed confidence in the brand's continued growth, emphasising the overwhelming response to the Kia Syros and the company's focus on innovation and customer satisfaction.

VOICE OF WORDS

HEALTH

3 desi indian recipes for weight loss



Our weight and fitness depends on the diet we consume. Healthy changes to our diet can turn the weight loss process into a smooth ride. Here are some Indian weight loss recipes that could be made with the ingredients in your kitchen.

Methi paratha Recipe

Ingredients 8 Tbsp wheat flour medium 1 tsp salt 1 tsp red chilli powder 1 tsp coriander powder 1 tsp carom seeds (ajwain) 1/2 tsp green chillies chopped 2 tsp kasuri methi 1 tsp ghee/oil 2 cup roasted beans

Method

Put some wheat flour in a bowl. Mix each ingredient into the bowl one at a time. Mix all the ingredients together and then add the ghee. To create a smooth dough, gradually add water and thoroughly knead the mixture. For 15 to 20 minutes, relax. Make small- to medium-sized chunks of the dough. Flatten a little or medium amount of the dough to resemble a chapati. Place the paratha on a heated tawa. Methi paratha should be cooked over medium heat. Put a generous amount of ghee on each side and continue to cook the parantha from both sides. Using the remaining bits of dough, keep forming parathas. The hot paranthas can be served with Achhar or any other side dish of your choosing. [READMORE](#)

Egg Chaat Recipe

Ingredients

3 boiled eggs
1 tsp tomato chilli sauce
1 Tbsp tomato ketchup
1 spring onion, chopped
3 tsp tamarind extract
1 green chilly
1 tsp lemon juice
1 tsp roasted cumin
Salt to taste
2-3 Tbsp boondi

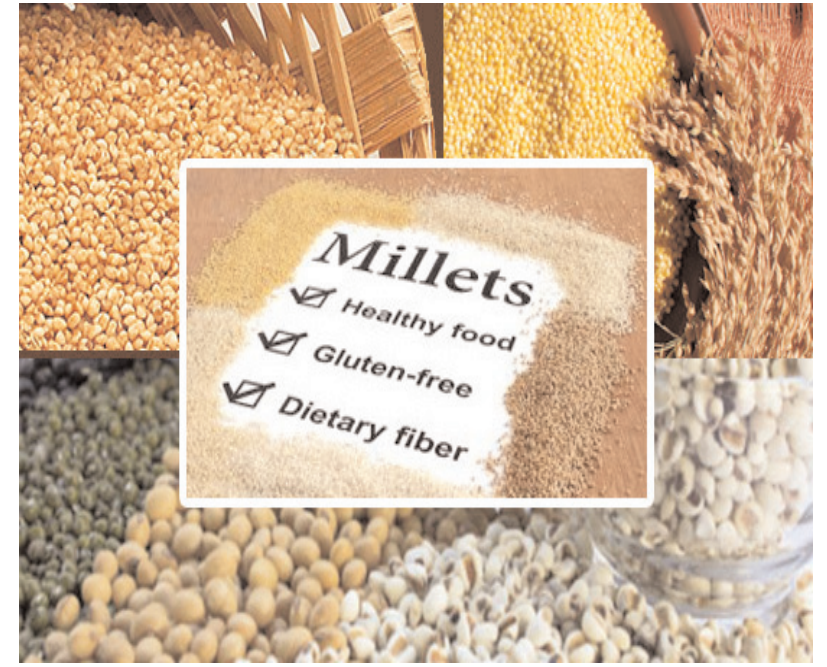
Method : Mix tomato sauce, tomato chilli sauce, tamarind extract, lemon juice, roasted cumin, green chilli and salt in a bowl. Split the boiled egg in half, then cover it with the chutney on a dish. Top the eggs with chopped spring onions, garam masala, and boondi. The Egg Chaat is now ready for serving.

Flaxseed Raita Recipe

Ingredients 3 Tbsp flax seeds (ground) 1 cup bottle gourd grated 1/2 cup mint leaves, finely chopped 1 cup curd (low fat) 1 cup water 1/2 tsp cumin seeds (coarsely ground), roasted to taste salt

Method : Water and bottle gourd should be combined. For 4 minutes, cook with a cover over a medium burner. In a large bowl, combine all the ingredients and thoroughly stir in the cooked bottle gourd. Serve cold after being refrigerated for at least one hour.

Dos and don'ts of eating millets (The best ones to eat in summer)



Ragi, jowar, bajra are some of the millets that are garnering a lot of attention these days. However, they are not new to our culture. They are just making a comeback.

Benefits of eating millets

For those who are thinking about making the healthy switch from wheat atta to millets, but are lost on the compelling benefits it offers, Deepali, Dietician at the CK Birla Hospital (R), Delhi shares, "Millets, also known as Bajra/Ragi/Jowar in the Indian context, are an important food item. Eating millet daily will provide you with several health benefits. It helps women to fight off heart ailments post-menopause. It could also control high blood pressure and cholesterol level in the body.

Those suffering from gallstones should also benefit from it since it contains fiber."

Health coach Anupama Memon further adds, "Millets are generally high in fiber and gluten free, so it is a good product and addition to the diet of those who are sensitive to gluten. While it works for some, it may not work for others, so if you are trying it for the first time make sure you check for signs of acidity or bloating if you are consuming it on a regular basis. The smaller millet grains are easier to cook and digest, hence if you are just about starting on millets its best to start with grains like Kodo

or Banyard before you move onto Jowar or Bajra."

Who should be careful with millets?

Anupama clarifies, "The first mistake people make is to believe that millet will work for everyone across the board. This is not true. Not true in fact of any food. If you are trying millets for the first time, watch and check for how you feel when it is regularly included in your diet - then if it works with your gut, please go ahead and include it in variety in your diet, if it does not minimize its use if you have to use it at all. It uses a lot of water in cooking, hence works best if cooked like a kichadi or even a roti."

Do's and don'ts of eating millets

You can consume millet at any time of the day, preferably in the morning, at noon and at night. It is best to consume millet in moderate amounts; three or four times a week is ideal. However, it is not recommended for people with hypothyroidism. Anupama shares, "People having thyroid disorders should avoid consuming millet because it leads to the enlargement of the thyroid. Too much millet could (could) interfere with the functioning of the thyroid gland."

"Millets also contain goitrogens that may interfere with the absorption of iodine which could be reduced in the

cooking process, yet not negated completely," adds Deepali.

Other things to keep in mind are: Drink a lot of water when you consume millet.

Make sure the millets are cooked well. Too much of a good thing may not be a great thing always. Alter your grains. Don't stick to one. So alternate between rice, millet, whole wheat, and other grains.

Choose your millet as per the weather

Some millets are better for summers, while others are better for winters. Deepali explains, "The ideal millets to be eaten in the summer are Jowar, Ragi, Foxtail millet, Barnyard millet and Kodo millet. These cooling millets can be incorporated into your diet in summers. In India, about 8 millet types are cultivated under rain-fed conditions which require little or no irrigation, as they do not require high amounts of moisture.

For example, Jowar is a rain-fed crop (30-100cm, annually) grown in the areas which barely need irrigation. Ragi, Foxtail Millet, Bajra and Barnyard Millet are heating millets which means they should ideally be consumed during the winter season. On the other hand, Little Millet and Proso Millet have cooling properties and can be eaten during the summer season."

3 things untreated polycystic ovarian disease can do to your body

Few, odd, or unusually long periods are symptoms of polycystic ovary syndrome. It frequently leads to having too much androgen, a masculine hormone. On the ovaries, several little fluid-filled sacs form. They might not consistently release eggs. Missed or irregular periods, excessive hair growth, acne, infertility, and weight gain are all symptoms of PCOS.

Symptoms of PCOS

PCOS is a disease of excess. There is an excess of circulating hormones like oestrogen and androgens, there is excessive weight gain, excessive pigmentation of the skin of the neck armpits and skin folds, excessive hair and acne, and increase in cholesterol and triglycerides. Longstanding PCOS can result in hormonal dysfunction with absence of periods or amenorrhoea over several months, infertility due to anovulation, thickening of the endometrium with a tendency to bleed whenever the period ensues and a condition called cystic glandular hyperplasia of the endometrium, heart disease and morbid obesity. Over the years, the presence of hair and acne may be emotionally disturbing leading to poor self image and depression.

Diabetes and PCOS

PCOS is a condition in which there is insulin resistance. This can cause diabetes in the long run. Increase in a hormone called Leptin in women with PCOS can also contribute to Diabetes

Hypertension and PCOS

Women with PCOS tend to have high cholesterol and triglycerides. Also they have some hormones and growth factors circulating in the body which raises the



blood pressure. Also they have a higher tendency to develop atherosclerosis leading to high blood pressure.

Endometrial cancer and PCOS

It doesn't take too long for endometrial cancer to settle when PCOS is left untreated. It is difficult to estimate the interval between diagnosing PCOS and developing Endometrial cancer. Suffice to say that women with PCOS tend to develop cystic glandular hyperplasia which is a gateway to developing Endometrial Cancer.

The takeaway:

Maintaining a healthy weight is important to reverse the PCOS symptoms. Insulin and testosterone levels can drop with weight loss. Moreover, it might make ovulation happen again. Cutting back on the carbs can help too. Diets high in carbohydrates may raise insulin levels. Take action. Blood sugar levels are lowered by exercise.

VOICE OF WORDS

WOMEN

5 reasons why you must include Coffee in your skincare routine



Coffee has an antioxidant protection that may transform your skincare regimen from a basic 'routine' to the finest one with improved circulation and natural exfoliation.

Bewildering beauty treatment regimes and product-filled bags can sometimes complicate the pursuit of bright, glowing skin in our hectic lives. But what if having healthy skin was as simple as having a cup of coffee in the morning? Coffee as an ingredient has gradually evolved into a skincare ally with benefits beyond just invigorating your skin. **Ganesh Kamath, Founder, Earthraga has shared a few benefits of coffee for your skin:**

Natural exfoliator: Coffee grounds, because of their grainy nature make a great natural exfoliant. The granules aid in the removal of dead skin cells, unclog pores and stimulate cell turnover.

Regular exfoliation automatically leads to softer, brighter skin, and using coffee grounds can offer you one more gentle option which is friendly towards nature.

The dual effects of Coffee: Coffee is found to be an excellent ally in the fight against ageing for youthful skin. It is loaded with antioxidants like chlorogenic acid that neutralize free radicals therefore making the aging process slower. In addition, coffee containing caffeine stimulates blood circulation leading to the delivery of necessary nutrients to cells on the skin promoting a revitalised complexion.

Revitalize under-eye appearance: The vasoconstrictive effects of caffeine may save the day for those fighting against dark circles. Using such skincare products infused with caffeine content - particularly caffeine in skincare may temporarily help reduce the look of dark circles.

A great remedy for acne: Coffee's natural anti-inflammatory effects can make it an ally in the fight against acne. The use of coffee-based skincare products or homemade masks can aid in calming the irritation on the skin and subsiding redness resulting from acne breakouts.

Reduces puffiness: When coffee is used as a topical, the presence of caffeine helps eliminate puffiness. Working by a reduction in blood vessels, caffeine assists in reducing puffiness and dark circles therefore it plays an important role as part of your skincare regime for looking refreshed.

As we explore the beauty and brew, it becomes clear that this dynamic duo offers a quick morning fix and numerous advantages for the skin.



5 pre-wedding hair care tips that will help you shine during the festivities



By incorporating a pre-wedding hair care routine into your preparations, you can achieve stunning and unforgettable hairstyles that complement your attire. Elevated hair care and styling are typically missing from wedding preparations. There are many strategies to improve your hair care and styling regimen for wedding preparations, regardless of your hair type or style. Shailesh Moolya, National Technical Head at Godrej Professional, asserts that your hair is the focal point of your ensemble and has the power to elevate or detract from your whole appearance. Taking the time to take care of your hair, whether you are the bride or a bridesmaid, can guarantee that you feel and look your best on this memorable day.

Here is a pre-wedding hair care routine by Shailesh that will help you shine during the festivities:

Healthy Hair is the Foundation:

Before diving into styling, it's crucial to ensure that your hair is in its best

possible condition. Healthy hair is the canvas upon which you can create stunning wedding hairstyles. Start by nourishing your hair with deep conditioning treatments. This will add shine, reduce frizz, and make your hair more manageable.

Trim your Hair:

Split ends can make your hair look dull and lifeless, so it is important to get a trim before your big event. Even if you are only getting a few inches trimmed off, it will make a big difference in the overall appearance of your hair.

Invest in Quality Hair Products:

Quality hair products can make a significant difference in how your hair looks and feels.

Invest in the Godrej Probio Paraben free range of products shampoos and conditioners suited to your hair type. Additionally, consider using heat-protectant sprays and styling products to maintain the health and integrity of your hair while using hot tools.

Experiment with Accessories:

Wedding season is the perfect time to experiment with hair accessories. From decorative pins and clips to floral crowns and ornate hair combs, accessories can add a touch of elegance and glamour to your look.

Choose accessories that complement your outfit and hairstyle.

Protect your Hair from the Elements:

If you are going to be spending time outdoors before your wedding events, be sure to protect your hair from the sun, wind, and rain. Wear a hat or scarf, and use a leave-in conditioner with UV protection.

Bonus tip:

"Get a blowout" If you want to look your best at wedding events, consider getting a blowout from a professional stylist. A blowout will give your hair volume and shine, making it look its best.

Therefore, this wedding season, make your hair a top priority and watch as it elevates your entire look to new heights.

12 beauty hacks to elevate your skincare and makeup game

The year 2024 presents an ideal opportunity to revamp our beauty regimens and adopt some cutting-edge tips that will improve our skincare and cosmetics

techniques. Here are 12 beauty hacks that Dr Blossom Kochhar, Chairperson of the Blossom Kochhar Group of Companies, has revealed. They range from tried-and-true methods to the newest trends, so add them to your routine for a gorgeous start to the year.

Multi-Masking Magic: Upgrade your skincare routine by embracing the power of multi-masking. Different areas of your face have different needs, so use targeted masks on specific zones for a customised treatment that addresses various skin concerns simultaneously. The areas under your eyes and neck are susceptible so they need to be dealt with differently.

DIY Facial Massage Techniques: Explore the world of facial massage techniques to stimulate blood flow, boost collagen production, and achieve that coveted radiant glow. Incorporate tools like jade rollers or gua sha for a spa-like experience at home. You can take regular face steam which will do deep cleansing.

Sustainable Beauty Swaps: Make 2024 the year of sustainable beauty. Opt for eco-friendly packaging, cruelty-free products, and brands that prioritise sustainability. Being conscious of your beauty choices not only benefits the planet but also enhances your overall beauty routine.

Skinimalism Trend: Embrace the 'skinimalism' trend by focusing on a simplified skincare routine. Streamline your products to the essentials, allowing your skin to breathe and naturally showcase its beauty. Use products that have hyaluronic acid which suits all skin types. Quality over quantity is the key to this minimalist approach.

Glossy Eyelids: Step away from matte eyeshadows and embrace glossy eyelids. Apply a clear gloss or a balm over your eyeshadow for a dewy and youthful

look. This simple hack adds dimension and draws attention to your eyes.

Double Cleansing Routine: Ensure your skin is thoroughly clean by adopting a double cleansing routine. Start with an oil-based cleanser to remove makeup and sunscreen, then follow up with a gentle foaming or cream cleanser to purify the skin.

Haircare Overnight Treatments: Give your hair some extra love with overnight treatments. Apply a nourishing hair mask or oil before bedtime, allowing it to work its magic while you sleep. Wake up to revitalized and hydrated locks.

Monochromatic Makeup Looks: Simplify your makeup routine with monochromatic looks.

Use a single shade for your eyes, cheeks, and lips to achieve a harmonious and effortlessly chic appearance. This time-saving hack is perfect for those busy mornings.

Nail Art with Negative Space: Upgrade your nail game by embracing negative space in your nail art. Allow some of your natural nails to peek through for a modern and minimalist look. Experiment with geometric designs or intricate patterns for added flair.

Hydration Boost with Facial Mists: Keep your skin hydrated throughout the day with facial mists. Invest in mists containing hydrating ingredients like hyaluronic acid or rose water to refresh and revitalize your skin, especially during the colder months.

Lip Stain for Natural Flush: Swap out heavy lipsticks for lip stains to achieve a natural flush of colour. This lightweight option provides long-lasting pigment without the need for constant touch-ups, making it ideal for everyday wear.

Inclusive Beauty: Celebrate diversity in beauty by supporting brands that prioritise inclusivity. Look for companies offering a wide range of shades to cater to all skin tones. Everyone deserves to feel represented and beautiful.



VOICE OF WORDS

SPORTS

They were dominant in every phase',
says Williamson on MI's win over KKR



New Zealand veteran Kane Williamson lauded Mumbai Indians' (MI) eight-wicket win over defending champions Kolkata Knight Riders (KKR), saying the five-time winners dominated every phase of the match to register their first win in the IPL 2025 season. Ryan Rickelton struck an unbeaten half-century after young debutant pacer Ashwani Kumar destroyed KKR with his four-wicket haul to lead MI to their first points at the Wankhede Stadium on Monday evening. Bailey Ashwani first stole the show with a sensational 4-24, the best figures by an Indian bowler on his IPL debut, as KKR were bowled out for 116 in 16.2 overs. Later, Rickelton's unbeaten 62 off 41 balls ensured MI chased down 117 with ease in just 12.5 overs. "It was a complete performance. Winning the toss, bowling first, and executing their plans beautifully. Bringing in an extra seamer, Ashwani, who was outstanding. They took wickets consistently, and I think that was the most pleasing aspect. It's not often nowadays, with the impact player rule, that you see a team preventing any substantial partnerships. But they applied

pressure throughout and were dominant in every phase of the match," Williamson said on JioHotstar. Debutant Takes Two Wickets, KKR 6-Down and Struggling Meanwhile, former India spinner Piyush Chawla analysed KKR's performance and what went wrong for them and said, "Sometimes, you have to respect the conditions. It wasn't a typical batting surface, especially with the new ball. You need to play cautiously at the start because once the ball gets older and softer, that's when you can go for your shots. But here, that didn't happen. We all know Trent Boult can swing the ball outside, and it was clear that he had a plan for Sunil Narine, which worked perfectly. Venkatesh Iyer also struggled, repeatedly attempting fancy shots." As I mentioned earlier, the pressure of his heavy price tag is always there. Then, the way Rinku got out - he has a good head on his shoulders, but that shot was unnecessary. There were still 8-10 overs left, and the team needed stability. Even with an impact player and batting depth till number nine, they couldn't play the full 20 overs. That tells the whole story," he added.

ISL semifinal preview: Bengaluru FC takes on Goa FC in semifinal



Hyderabad: Bengaluru FC will host FC Goa at the Sree Kanteerava Stadium in Bengaluru in the first leg of its semi-final of the Indian Super League (ISL) on Wednesday in a night game. The Blues have entered the last-four stage on the back of a thumping 5-0 victory against Mumbai City FC in the one-legged knockout, whereas the Gaurs had finished second in the standings, courtesy of winning 48 points from their 24 league stage matches. FC Goa, however, has been on a four-game-long unbeaten run against Bengaluru FC - winning and drawing twice in this period. They were at the receiving end of a loss in their previous playoffs fixture with the Blues though, facing a 0-1 loss in the final of ISL 2018-19. Meanwhile,

Bengaluru FC boasts a formidable home record against FC Goa, winning the last six games, winning four and drawing two. For the record, FC Goa has faced defeats in both of their last two playoff matches in ISL, both coming against Mumbai City FC in April 2024. In head-to-head clashes, FC Goa and Bengaluru FC have faced each other 17 times in ISL history, with the Gaurs winning five and the Blues seven times, while five ended in a draw. Bengaluru FC head coach Gerard Zaragoza said he was looking forward to the semi-final. "I came here to the club to win trophies, and we have three really good other teams involved in the semi-finals too," he said. For his part, FC Goa head coach Manolo Marquez said that he was excited and would want to help the team win the ISL Cup for the first time.

Lionel Messi-Led Argentina Team To Receive Rs 100 Crore For 2 Exhibition Matches In India: Report

The Argentinian football team, led by the legendary Lionel Messi, will receive a mind-boggling Rs 100 crore for playing two exhibition matches later this year in Kerala, India, as claimed by a report. According to the report in Dainik Bhaskar, an entire seven-star hotel will be booked for the visiting team and no outsiders will be allowed. It was in 2011 that the 37-year-old football star had last visited first India as he played a World Cup qualifying match in Kolkata against Venezuela. The Salt Lake Stadium had witnessed Argentina winning by 1-0 by beating Venezuela. Messi, who has won the ballon d'or a record eight times, is also a World Cup-winning captain when he led Argentina to the crown in 2022 with a hard-fought victory over France.



Indian Arrows will play in IWL

Hyderabad: The Indian Arrows women juniors will participate in the 2024-25 Indian Women's League 2 under Swedish head coach Joakim Alexandersson. The Indian team is drawn in Group B, where they face the Pudhuvai Unicorns in their first match at the Padukone-Dravid Centre for Sports Excellence Phase 2 in Bengaluru on April 2. This is not the first instance of an Indian Arrows team being fielded in a national women's league. In the 2021-22 IWL season, Indian Arrows Women finished in fifth place. "The idea is to give these players good training opportunities and game experience," said Alexandersson, who has been training the girls at The Sports School in Bengaluru. "We had good intensive preparations and I got to know the players well. We also played a good practice game against one of the boys' youth teams." With an average age of just around 15 years, the Indian Arrows Women Juniors will gain significant exposure from playing in a senior tournament with teams across the country. It serves as fruitful preparation for the SAFF U17 Women's Championship (September 2025) and the AFC U17 Women's Asian Cup 2026 Qualifiers (October 2025). "Of course, we want to finish in the top two and go to the final round," said Alexandersson. "We know it's going to be tough, but we want to get some more matches. It will mean a lot to play against senior opposition. The girls will understand what it takes to play against older and tougher opponents. We will get to know their character and qualities," he said. "The inclusion of Indian Arrows in the IWL 2 is a significant step towards nurturing young talent and providing them with valuable competitive exposure. This opportunity will allow the players to gain crucial match experience, refine their skills, and adapt to high-intensity football at a national level," AIFF Secretary General P Anilkumar said.



'Injustice towards players continues': Bravo rips into WI Cricket for removing Powell from T20I captaincy

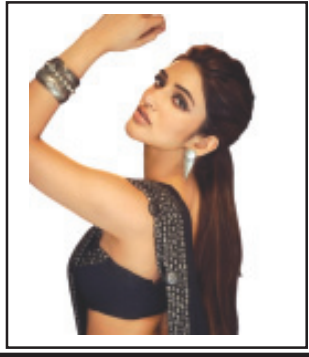
New Delhi: Former captain Dwayne Bravo has strongly criticised West Indies Cricket for their decision to replace Rovman Powell as T20I captain with Shai Hope. Under Powell's leadership, West Indies enjoyed a resurgence in T20 cricket, securing home series victories against India, England and South Africa. He also guided the team to the Super 8 stage at the ICC T20 World Cup 2024 and played a key role in the team's rise from ninth to fifth in the ICC T20I rankings. The former all-rounder took to social media and claimed the decision was 'sad on all levels' and claimed 'injustices towards players still continues'. "@windiescricket once again you guys prove to the people of the Caribbean and the cricket world that the injustices towards players continues! "As a former player and a fan of WI

cricket this is easily one of the worst decisions ever @ravipowell52 taking over captaincy when our T20 team was in 9th spot and was able to move up to 3rd spot in the rankings and this is how you guys repay him the bad treatment towards players when would it Stop! This is so sad on all levels..make it make sense! SMH #JusticeForRP," read the post by Bravo on Instagram. Alongside the change in leadership in white ball, Kraigg Brathwaite also officially stepped down as Test captain and a new captain will be named in the coming weeks. Under his leadership, the West Indies secured their first Test victory in Australia in 27 years with a thrilling eight-run win in Brisbane in 2024. Earlier this year, he led the team to a landmark Test victory over Pakistan in Pakistan, the first in 34 years, to level the series.



RCB eye a smart outing from bowlers against GT to maintain winning run

BENGALURU: Royal Challengers Bengaluru's desire to make their homecoming a memorable occasion pivots around an experienced bowling unit maintaining its excellent form when they face Gujarat Titans in an IPL match here on Wednesday. The bowlers played a big hand in RCB taming two traditionally tough opponents in Kolkata and Chennai but now they face a different challenge at home against the Titans. The Chinnaswamy Stadium pitch has always had this allegiance towards batters, evidenced by the three 260-plus totals here. The short boundaries and a quick outfield add to the misery of the bowlers, but the Royal Challengers will believe that they have two bowlers who can contain batters here Josh Hazlewood and Bhuvneshwar Kumar. While they have not set the stats chart ablaze, Hazlewood has conceded just 5.37 runs an over in this IPL, while Bhuvneshwar, who returned to the field for the CSK match, has an economy of 6.6. This frugality by their new ball bowlers will be RCB's biggest asset against Gujarat's capable top-order. Captain Shubman Gill and B.Sai Sudharsan have already developed into a good opening pair, and RCB will be eager to prevent their alliance from blossoming through Hazlewood and Bhuvneshwar. The Aussie can hit the hard lengths to find disconcerting bounce and Bhuvneshwar can operate in a tight line while troubling the batters with his ability to swing the new ball. This versatility makes the RCB pace pair a massive threat in most conditions. Yash Dayal, the left-arm pacer, too has grown into a dependable and crafty support bowler to the seniors. However, RCB might feel a bit underwhelming in the spin department with Krunal Pandya and Suyansh Sharma manning that space, and their skills will be put to test. On the other hand, GT have two proven campaigners in their spin attack in Rashid Khan and R Sai Kishore. Their battle with RCB batters such as Virat Kohli, Phil Salt, skipper Rajat Patidar, a very fine player of spin, and Devdutt Padikkal will have a huge bearing on the outcome of the match.



How Is Teaser Of Samantha's 1st Film As Producer?



It is an established fact that Samantha is one of the most loved and followed actress in the South Indian film industry. After having embark on a remarkable journey, as an actress, she is becoming a producer with her maiden production venture. Samantha Ruth Prabhu's production house, Tralala Moving Pictures, has released the teaser for its first film, Subham, a comedy horror entertainer. The teaser, launched on March 30, 2025, gives a glimpse into the film's unique mix of humor and horror, promising an engaging experience for audiences. Directed by Praveen Kandregula and written by Vasanth Maringanti, Subham features an ensemble cast, including Harshith Reddy, Gavireddy Srinivas, Charan Peri, Shriya Kontham, Shravani Lakshmi, Shalini Kondepudi, and Vamshidhar Goud. The film is designed as a complete family entertainer, offering both laughs and thrills. The music for Subham is composed by Clinton Cerejo, while Vivek Sagar has created the background score. Other key crew members include cinematographer Mridul Sujit Sen, editor Dharmendra Kakarala, production designer Ramcharantej Labani, and VFX supervisor Nikhil Koduru. Speaking about the film, Samantha expressed her excitement, calling Subham a "labor of love" and emphasizing the team's hard work in bringing it to life. The film is co-produced by Kanakavalli Talkies and is expected to hit theaters this summer, promising a fresh take on comedy horror for audiences of all ages. As this film prepares for release soon, more promotional material will be out in the due course.



Pradeep's AAI A Trailer: Out & Out Entertainer

Pradeep Machiraju's second movie Akkada Ammayi Ikkada Abbayi directed by Nitin and Bharath on Monks and Monkeys banner is carrying positive reports, with good response for all the promotional material. Interim, the film's trailer was dropped. It's the story of a civil engineer who, despite being below average, is sent to a rural village to oversee a project. He's in charge of managing a group of unskilled workers. The village is home to just one girl, and her father decides she will marry one of them. Over time, the engineer and the girl fall in love with each other, complicating the situations. Nitin-Bharath handled the subject quite efficiently. Pradeep Machiraju brings his A-game to the role, perfectly fitting the character and delivering impeccable comedic timing. Deepika Pilli is cool as the leading lady. The comedy gang assured unlimited fun. MN Balreddy's cinematography is striking, while Radhan's music elevates the tone, providing extra fun. The production design of Monks and Monkeys is notable. The trailer packed with out-and-out entertainment has certainly raised the bar for the movie set for release on the 11th of this month.

Puri & Charmme Making It Pan India Film



When two creative giants come together, magic happens. The master storyteller Puri Jagannadh and the versatile actor Vijay Sethupathi will be joining forces for the first time. The announcement of this epic project comes on the occasion of Ugadi. Known for his unique ability to craft unforgettable characters, Puri Jagannadh is bringing a brand-new, larger-than-life role for Vijay Sethupathi. This high-octane, Pan-India film will be a lavish affair under the banner of Puri Connects, with Puri Jagannadh and Charmme Kaur pooling resources. This film will be released at Pan-India level in all south Indian languages and also in Hindi. The makers will announce the other cast and crew of the movie soon, as the movie is set to go on floors in June.

NTR In Sagara Sangamam: Please, Make It Happen



For really long time now, there has been a lot of discussion and debate about the kind of films that Jr NTR had been doing. While it is a fact that NTR has been consistently delivering hit films that are working commercially at the box office, there is also a debate that he must do author oriented films. In this context, Director Koratala Siva has made a very interesting statement as he said NTR would be the right fit for a film like Sagara Sangamam today. He remarked that India is possibly the only actor who can play the lead role in a film like Sagara Sangamam if it was made today. This statement from Koratala Siva is now going viral on social media, and it is grabbing all the right attention now. It needs to be said that Siva has a very strong point to make here as this perfectly addresses the kind of complaint that has been registered against NTR. Apart from being a commercial established

hero, NTR is arguably one of the best actors of this generation. The kind of acting capabilities and dialogue delivery that he can present beyond ordinary. On top of that, he is a brilliant dancer, and this would perfectly suit be nature of Sagara Sangamam. It needs to be said that NTR doing a film like Sagar Sangamam now would be the perfect idea to tap into his acting potential as well.

Setback for Rashmika's Success Streak!

Rashmika Mandanna who has been riding high on consecutive hits, has faced a setback in Hindi cinema. Rashmika was recently seen in Sikandar, directed by AR Murugadoss, starring Salman Khan in the lead. The film was released on the eve of Eid and it failed at the box office. On its opening day, Sikander collected only 26 crores in India, marking one of the lowest openings in Salman Khan's career. It is a moment of embarrassment for Salman Khan and his fans are completely disappointed. The main reasons cited for its poor performance are a lack of substance in the story and a weak screenplay. The movie opened to negative reviews from the morning show itself. Rashmika, who has built a brand in Bollywood with hits like Pushpa, Animal, and Chhaava, this marks her first significant flop in the Hindi film industry. While every actor goes through ups and downs, this unexpected flop might feel like a dent in Rashmika's Bollywood journey, especially after being associated with several blockbusters.



Pragya Jaiswal's Effortless Traditional Chic



Actress Pragya Jaiswal is well known in Telugu cinema. She has worked in many successful films with top actors. She is also a social media favorite. She keeps her fans updated with her latest fashion and projects. Her recent Instagram pictures show her unique style. She played an important role in Akhanda. This 2021 Telugu action drama was directed by Boyapati Srinu. The film starred Nandamuri Balakrishna in a dual role. She is also part of Daaku Maharaaj. This 2025 Telugu action drama was directed by Bobby Kolli. The film stars Nandamuri Balakrishna. Bobby Deol, Pragya Jaiswal, Shradha Srinath, and others are also in the film. Pragya Jaiswal looks radiant in her yellow gagra, exuding a vibrant blend of traditional charm and modern elegance. The bright yellow hue complements her warm complexion, while the intricate embroidery and delicate fabric of the gagra add a touch of sophistication. Her graceful pose and confident smile perfectly capture the essence of festive glamour. The vibrant colors and playful energy in the photos make it clear that Pragya's style is both timeless and effortlessly chic, making her the perfect picture of traditional beauty with a contemporary twist.

Director who promised Monalisa a role arrested in sexual harassment case



Delhi Police has arrested film director Sanjay Mishra following allegations of rape and coercion. The case involves a 28-year-old woman who claims she met Mishra in 2020 through social media platforms Tik Tok and Instagram. According to the complaint, Mishra allegedly manipulated her into meeting him by threatening suicide. On June 18, 2021, he reportedly took her to a resort, drugged her, and sexually assaulted her. The victim stated that Mishra captured compromising photos and videos, using them to blackmail her into a relationship. Promising marriage and film opportunities, he allegedly forced her into a live-in arrangement in Mumbai, where he reportedly assaulted her multiple times. She further claimed that she was coerced into three abortions. In February 2025, Mishra allegedly abandoned her and threatened to leak her private content if she reported him. Following her complaint, an FIR was registered under multiple charges, including rape, assault, and criminal intimidation. Medical records from Muzaffarnagar confirmed the forced abortions.